

Bristow Community Health Improvement Project

Creek County

Coalition Priorities:

1. Physical Fitness & Nutrition
2. Tobacco Prevention
3. Substance Abuse Prevention
4. Access to Health Care
5. After school programming



Partners:

Bristow Medical Center
Bristow News
Bristow Public Schools
City of Bristow
Spirit Bank
Community Bank
Creek County Health Department
KREK Radio
Ministerial Alliance
Sports Complex
OSU APCR
Communities of Excellence-Tobacco Prevention
Bristow Counseling Services

About Us...

Bristow Community Health Improvement Project continues to put on the Wildflower Run each year. However, each year has allowed them opportunities to partner with other festivities. In 2008, the Wildflower Run will be the ending celebration of the Seven Healthy Habits of Bristow. CHIP is working on a monthly campaign promoting the seven healthy habits including Pure Air (Tobacco Prevention), Sunlight (vitamin D & skin cancer awareness), Rest (right amount of sleep), Exercise, Water, Proper Diet and Spirituality.

Each month has a word that is displayed in the Bristow newspaper, on the radio, and around the town. The public schools and community are involved in mini projects promoting the healthy habit of the month. In April, CHIP will host a health fair explaining and education the seven healthy habits. It is seven natural remedies to health... inexpensive...easy...excellent health.

Key Activities:

- Wildflower Run
- Seven Healthy Habits
- Game On
- Free Clinic
- Habitat for Humanity
- HPV Clinics

Significant Outcomes:

- ◆ About 15 regular patients of the free clinic
- ◆ Free prescriptions for Chantix at the free clinic (to help quit smoking)
- ◆ Seven Healthy Habits becoming community habits.

