

Health Planning Committee (Enid Metro Commission)

Garfield County

2008

Coalition Priorities:

1. Physical Activity
2. Nutrition
3. Access to Healthcare

About Us...

The Enid Metropolitan Human Service Commission's, Health Planning Committee has been active for some time and became affiliated with Turning Point close to two years ago. The committee is a diverse representation of stakeholders that are dedicated to making a difference in the health of their community.

Since Enid is one the larger cities in Oklahoma, the Certified Healthy Business certification has been promoted to many businesses and plans are in place to reach out to workplaces interested in improving the wellness of their employees. Local health department staff have been trained on the Strong and Healthy Oklahoma "Make it Your Business" Toolkits and will provide the training free of charge.

One initiative that has been embraced by many local businesses and promoted to their employees is Walk this Way, a six week walking program. They just completed their second year and over 800 people participated. Generous sponsors allowed the committee to give away wonderful prizes to those who participated.

Partners:

Local Citizens	
Community Development Support Association	Northern Oklahoma Development Authority
St. Mary's Hospital	Northwest Behavioral Health Services
Integris Hospital	United Way
Continental Resources	Northwest Osteopathic Association
Garfield County Health Department	Northern Oklahoma Resource Center
Department of Human Services	Enid Area Metropolitan Human Service Commission
Autry Tech Center	

Key Activities:

- Kick-off for Walk this Way at Enid's downtown square
- Promoted Certified Healthy Business
- Created posters to promote healthy eating for Enid schools and area businesses
- Promoted Insure Oklahoma to area organizations

Significant Outcomes:

- Over 800 people participated in Walk this Weigh
- Held Behavioral Health Conference
- Developed Lice Kits for area schools
- Partnered with City of Enid to promote the Enid Trail System

