

Payne County
Mayor's Wellness Committee
Established 2003

At a Glance

The Payne County's Mayor's Wellness Committee has been in existence for many years and chose to join with Turning Point in 2003. The group has diverse priorities that touch on substance abuse, tobacco and kid's fitness. More than a year ago they chose to create separate sub-committees to address these issues and let the work be done through these groups. One annual event that addresses substance abuse is the Mayor's Red Ribbon Breakfast held every year during the last week of October which is Red Ribbon Week. Over 200 parents, children, and business people attend the Red Ribbon Breakfast that acts as a fundraising event. Due to the many generous sponsors, the committee is able to provide mini-grants to different Payne County organizations that address substance abuse. The breakfast consists of guest speakers, including those whose lives have been touched by substance abuse, and recognizing children who placed in the Red Ribbon poster contest.

Key Activities of 2005

- Continued to hold bi-monthly meetings
- Expanded partnership
- Planned and held Red Ribbon Breakfast
- Raised funds for Red Ribbon Breakfast to be used for substance abuse mini-grants
- Received CX tobacco implementation grant
- Attended 2005 National Conference on Tobacco or Health
- Updated city officials on clean indoor air ordinances for public meeting places
- Supported and participated in Students Working Against Tobacco projects
- Planned projects to increase kid's fitness
- Developed partnership with Stillwater schools
- Participated in the Oklahoma Turning Point Council(OTPC)
- Contacted all Payne County restaurants to inform of upcoming smoke-free law changes
- Partnered with Payne County Health Department to purchase Life Skills curriculum for 24/7 schools

Priorities of the Partnership

- Plan for annual Red Ribbon Breakfast
- Raise funds for Red Ribbon Breakfast
- Partner with Stillwater Public Schools to implement Walk this Weigh program
- Plan other events to address kid's fitness
- Continue OTPC participation
- Address clean indoor air policy changes in Payne County communities
- Adopt 24/7 in Payne County schools
- Promote tobacco cessation services
- Utilize Life Skills curriculum in schools that have adopted 24/7 policy

Partners

- American Cancer Society
- City of Stillwater
- Community volunteers
- Department of Human Services
- Mission of Hope
- OSDH Community Development
- Turning Point Staff
- OSU
- OSU Center for Health Services-PaNOK Area Prevention Resource Center
- OSU School of Applied Health and Educational Psychology
- OSU Service-Learning Volunteer Center
- OSU Wellness Center
- Payne County Counseling
- Payne County Health Department

- Starting Point II
- Stillwater Housing Authority
- Stillwater Medical Center

- Stillwater Parks and Recreation
- Total Rehab
- Youth and Family Services

For More Information:

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