

Caddo County
Caddo County Interagency Coalition
Established 1995

At a Glance

The Native American Prevention Research Center, University of Oklahoma Health Science Center (OUHSC) in partnership with Caddo County Interagency Coalition (CCIC) were very interested in addressing sedentary lifestyles among students in Caddo County. This led to OUHSC Native American Prevention Research Center introducing a project called TRAILS to the Anadarko High School. This project was designed to instill in youth the need for regular daily physical activity. It has been going on in Anadarko High School since January 2003 as an elective in the high school curriculum. It is a walking intervention designed to improve the health of Anadarko High School students by reducing risk factors in the causal pathway to obesity, heart disease, type 2 diabetes and cancer. TRAILS has demonstrated scientifically that daily walking improved the risk profiles of high school students. Practically, it has demonstrated that public schools can accommodate a simple sustained physical activity in the curriculum and that students will enroll in these classes. It is hoped that discussion of the wide spread adoption of the walking program as an elective, if not a requirement in schools, can be initiated at the state level so that all Oklahoma public school students can benefit from increased physical activity. This project is being expanded into every Head Start in Caddo County.

In addition to this effort, the CCIC felt the need to expand their membership and begin addressing other issues such as tobacco use and abuse. In late 2005, the CCIC held a Call to Action meeting and followed up with a strategic planning meeting where all community leaders were invited to attend. Both meetings were well attended. The coalition is completing their action plan and has begun approaching Caddo County schools about implementing the 24/7 tobacco free policy. The CCIC has big plans for improving the health of Caddo County residents. They are currently raising funds to apply for their 501(c)3 status, which will allow them to begin writing for additional funds to assist in carrying out their action plan. CCIC is getting stronger and more engaged every month. This is an exciting time to live and work in Caddo County!

Key Activities of 2005

- TRAILS Project
- Call to Action Meeting
- Strategic Planning Meeting
- Calendar Contest

Priorities of the Partnership

- Substance Abuse Prevention
- Physical Activity/Nutrition

Partners

- Caddo County Health Department
- Heartland Hospice
- Wichita Mountains Prevention Network
- Native American Prevention Research Center, OUHSC
- OSU Extension
- Physicians Hospital
- Washita Valley Headstart
- Great Plains Childcare Resource and Referral

For More Information:

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