

Kids SUNDAY Workout

Elmer Thomas Park

August 28, 2016 at 10AM

(Park in the lot near playground)



FREE!!

RSVP to
(580) 574-3760 with
child's name and age

You can TEXT or leave a message.

Space is limited to 30 kiddos!



OPEN TO KIDS OF ALL AGES!

We will be completing one lap around the walking track.

Children under 7 should be accompanied by their guardian.

All parents are welcome to walk with us!

Each RSVP'd child will
receive :

- Healthy snack
- Bottle of water
- Certificate

Hosted by: **Ashley Lazzerini, Registered Dietitian**
Comanche County Health Department

