

Stephens County Community Health Status Assessment

On March 7, 2013, a sub-committee comprised of local leaders community advocates reviewed and analyzed current data available for Stephens County and the State of Oklahoma. After review it was determined there were a number of issues and concerns affecting the health of Stephens County. All of the items listed below were listed of concern. The sub-committee took the items shared and then placed into categories so that multiple issues and concerns could be addressed together or as one if needed.

After review the categories below were listed as the greatest concern. Please note these items are not ranked in any particular order, as the community will rank and validate during a community meeting. Once validated and ranked, the items below will be addressed as part of the county health improvement plan.

Priority Categories:

1. Healthy Living

- Obesity
- Physical activity
- Nutrition
- Heart disease
- Sexual behaviors
- Dental
- Diabetes

2. Mental Health

- Depression
- Suicide
- Stress
- **Substance Abuse/Use (youth and adult)**
 - Rx Drug Abuse
 - Tobacco
 - Alcohol
 - Methamphetamine
 - Other

3. Injury Prevention/Safety

- Bullying
- Texting
- Seatbelt/Car Seat/Helmet Usage
- Violence
- Safe Driving
- Emergency Preparedness

4. Cancer (all types)

Access to Resources (it was determined that resources would become part of all of the categories to be more inclusive and to meet needs)

Original list: 3/7/2013

Revised: 3/19/2013

Revised: 4/11/13 (to include rankings)