



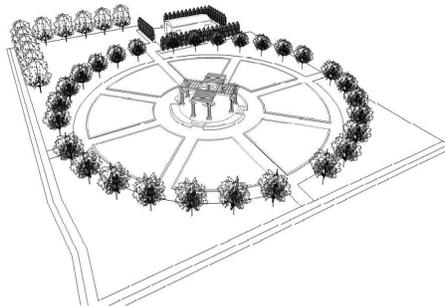
## About Us...

**Rogers County Coalition** was formed in 2007, in partnership with Rogers County organizations and interested individuals. The coalition is a driving force in the community.

The Rogers County Coalition is a 501c(3) collaborative effort organized to address the health and human service needs of the people in Rogers County, OK. Rogers County Coalition provides leadership for action to address important issues of families in Rogers County.

Coalition meetings are held the third Thursday of each month in Claremore at the Northeast Technology Center.

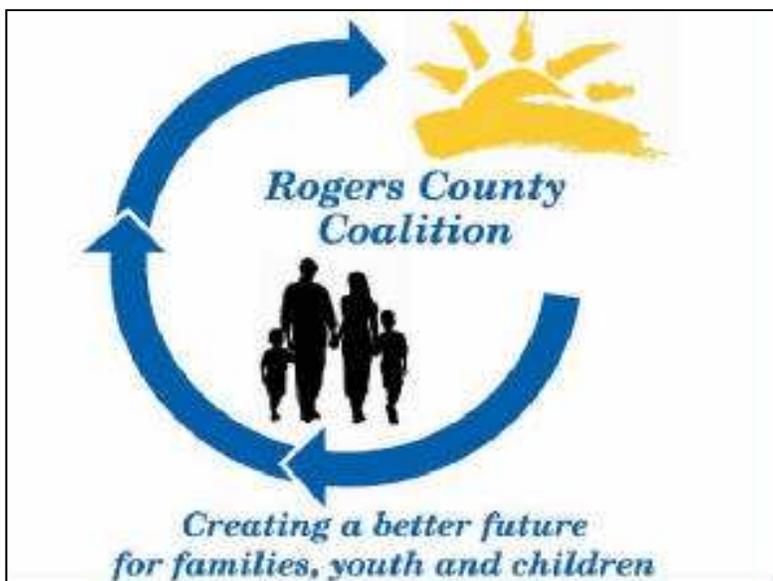
One key focus of the Healthy Lifestyles Sub-Committee of the Rogers County Coalition is the Blue Starr Community Garden. The committee is pleased that all plots have been filled. Future plans for the garden include: additional raised beds, children's learning beds, higher raised beds for physically challenged gardeners and a pergola with seating and benches around the garden.



The coalition has also designed, RoCo Fit, which is a fitness program aimed at improving the overall health of Rogers County residents. RoCo Fit is based on the "Couch to 5K" fitness program and offers beginning and intermediate levels and pace groups for everyone. RoCo Fit has walk and walk/run components for each level. People are led and encouraged by experienced program mentors. The program is receiving many comments touting its benefits and how it has helped participants meet fitness goals, get healthier, reduce stress, make new friends and stay motivated.

## Partnership Priorities

1. Health Lifestyles
2. Behavioral Health
3. Substance Abuse
4. Child Abuse
5. Quality of Life



**Mission Statement**

*Rogers County Coalition  
Creating a better future for families, youth and children.*

**VISION**

*Rogers County will have a continuum of services for families, youth, and children that are accessible, available, efficient and affordable to support and strengthen our community.*

**Visit us on the web**

<http://rogerscounty-coalition.org>

**Activities**

- ◇ Monthly garden meetings
- ◇ Community garden work days
- ◇ Beginning assessment phase of the MAPP Process
- ◇ RoCo Fit educational clinics
- ◇ Farmer's Market voucher program

**Outcomes/Impacts**

**June, 2012**

Completion of Spring RoCo Fit Session. Program averaged 120 participants for each workout. Graduated 140+

Collinsville Moonlight 5K with more than 130 RoCo Fit participants.

Blue Star Community Garden work day with 36 volunteers

**Partnerships**

Rogers County Health Department  
Cherokee Nation Healthy Nation/WINGS  
NTC-Claremore  
Bike About Bicycle Shop  
Dr. Steve Hardage  
Community Volunteers  
Community Mentors

For more information about Rogers County Coalition please email:

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PHOTO PROVIDED  
Thirty-six volunteers turned out for the 2012 Blue Starr Community Garden Work Day. Another will be scheduled soon.

**Volunteers spruce up community garden**

