



Cherokee Nation received a SPG-SIG grant for Rogers County (RC), and Healthy Community Partnership (HCP) was formed in March 2008 to combat drug and alcohol problems at the community level. HCP provides leadership for action to address important issues for families and communities in RC. Prescription drugs were responsible for 87% of 600 overdose deaths. Through the efforts of HCP, RC now has a place to dispose of unused/unwanted prescription medications and education for prevention of substance abuse.

HCP has expanded its focus to healthy living projects. RoCo Fit, a fitness program aimed at improving the health of RC resi-

dents is based on the "Couch to 5K" fitness program and offers beginning and intermediate levels with pace groups for everyone. RoCo Fit has walk and walk/run components for each level. People are led and encouraged by experienced program mentors. The program is receiving many comments touting its benefits and how it has helped participants meet fitness goals, get healthier,



reduce stress, make new friends and stay motivated. HCP has worked on community readiness FGDs for teen pregnancy.

About Us...

Blue Starr Community Garden



plans include: additional raised beds, children's learning beds, higher raised beds for physically challenged gardeners & a pergola with seating & benches. HCP has also completed 3 community assessments and has come up with a vision for RC.

NOT YOUR PRESCRIPTION? ... NOT OK!

(918) 260-0301
1700 S. Lynn Riggs • Claremore, OK 74017

MEETINGS: HCP has bi-monthly meetings on the first Friday of the month. Noon to 1PM at Claremore Community Center.

LOCK UP YOUR MEDS



**Healthy
Community
Partnership**

ROGERS COUNTY

(918) 260-0301
Fax (918) 341-7221
1700 S. Lynn Riggs
Claremore, OK 74017

Partnership Priorities

1. Substance Abuse
2. Healthy Lifestyles
3. Tobacco Prevention
4. Behavioral Health
5. Child Abuse, Teenage Pregnancy
6. Quality of Life

Vision

Rogers County will become a model in Oklahoma for healthy living in a drug free environment

MISSION

To achieve lasting positive environmental change in Rogers County to prevent substance abuse and the resulting negative consequences for youth and across the lifespan

Visit us

<https://www.facebook.com/pages/Healthy-Community-Partnership/143908668977985>

Activities

Brought in speakers for Rogers County schools for Red Ribbon week.
 Quarterly compliance checks for alcohol with law enforcement
 Held iExpo events with the Tulsa Shock basketball team for young girls
 Created anatomical mannequin (Tilley Getzit) to portray the damage caused by alcohol drugs.

Advocacy for Oklahoma's Social Host law.

Printed pharmacy bags with HCP's logo/name for Chelsea and Reasor's Pharmacy.

Held Oklahoma's first youth to youth conference at RSU with CN.

Had RX abuse and substance abuse information booth at Senior Citizen Day event

Hosted luncheon for school counselors/principals to update them on future school projects . Banners on prescription drug misuse Adding 4th RX take back box.

Contact Information:

Trisha DeLozier, CAE, CPS
delotri@gmail.com

Renetta Harrison, Health Educator, RCHD

renettah@health.ok.gov

RTPC Fauzia Khan fauziak@health.ok.gov



Outcomes/Impacts

Completion of Spring RoCo Fit Session. Program averaged 100+ participants for each work-out.

100 Spring RoCo Fit participants finished 70% of the 12 week program components.

Collinsville Moonlight 5K with more than 130 RoCo Fit participants.

HCP's Drug Free Community Grant extended for year's 6 through 10

Oklahoma's Social Host law passed in 2012.

Creation of an all County youth Coalition

Partnerships

- Volunteers for Youth
- Rogers County Health Dept.
- Cherokee Nation
- NTC-Claremore
- Bike About Bicycle Shop
- Community Volunteers
- Community Mentors
- Cedar Point Church
- Chelsea HCP
- RC Drug Free communities
- Rogers County Youth Shelter
- ROCMND
- Rogers County Schools
- Rogers County Sheriff's Office
- Claremore Police Dept

Volunteers for Youth Sheriff's Office
 BLAST Summer Camp, RSU Public Television

iExpo
 Saturday, May 18th
 1PM - 6PM
 \$5 Registration
 Claremore Community Center
 2301 N. Square
 Claremore, Oklahoma

Doorprizes & College

- *SELF-DEFENSE Call to Register by May 15 10\$ at the Door
- *FASHION BY CATO
- *RELATIONSHIP 101 Susan Jensen 918-697-6779 afterschoolblast@yahoo.com
- *REAL BEAUTY
- *ZUMBA Visit our FB event page RC iExpo

Shopping and Photo booth

