

Rogers County Coalition

Rogers County 2010

Coalition Priorities:

1. Health Lifestyle
2. Quality of Life
3. Behavioral Health
4. Child Abuse
5. Substance Abuse

About Us...

The Rogers County Coalition is a collaborative community-based resource that addresses various health and human service needs of the people in Rogers County, Oklahoma.

The Health Lifestyles committee targets citizens of all ages. The committee focuses its efforts on physical and nutrition. The coalition's No Boundaries Couch to 5K Walk/Run program has been a successful partnership with Fleet Feet Sports in Tulsa. The program is a non-competitive and safe work out program that is designed to be fun and allows participants to exercise at their own pace. Participants have access to a mentor/coach, weekly emails, a nutrition clinic, and free fittings for training shoes and sport bras. The participants are ages 12 and up. Approximately 100 participants signed up for the Fall 2010 session.

The Blue Starr Community Garden project's mission is to provide food to the Rogers County community and to educate community members on nutrition and healthy eating behaviors through gardening. Another goal of the project is to make sure that fresh produce is available and accessible to those who are dealing with hunger and food insecurity. The project promotes the use of locally grown foods, sustainable gardening methods, and plant and environment science. Nutrition and community garden education is available for persons of all ages in the community. The project's leadership is actively recruiting advisory board members. More information about this project can be found at www.bluestarrgarden.com.

Those interested in keeping up with the exciting things going on in Rogers County can check for coalition events, activities, and updates on Facebook!

Significant Outcomes:

- ◆ Building a social network through Facebook
- ◆ 100 participants registered for Fall 2010 session of No Boundaries Walk/Run 12-week program
- ◆ Various grant funding for Blue Starr Community Garden project received including \$500.00 from the Cherokee Nation
- ◆ Relay for Life raised over \$60,000
- ◆ Computer donated by Wal-Mart to the coalition
- ◆ Smart Start Grant

Partners:

Volunteers for Youth
Individual Members
SoonerSuccess
Rogers County Systems of Care
Rogers County Health Department
Rogers County Cherokee Association
ROCMND Area Prevention Resource Center
Mustard Seed Learning Center
Family and Children's Services
DHS

Claremore Public Schools
Claremore High School Counseling Services
CREOKS Behavioral Health Services
Oklahoma Commission on Children and Youth
Rogers County Youth Services
Thunderbird Youth Academy
Fleet Feet Sports (Tulsa)

Key Activities:

- Relay for Life
- Planning Blue Starr Community Garden
- No Boundaries 2
- Parenting Classes
- Back to School Bash
- Community Forum: Meningitis, Flu and Germs
- Support of Wraparound Services
- Garden Fair
- Parenting Classes
- Bridges Out of Poverty Presentation
- Promoting Certified Healthy Businesses in Rogers County

