Cherokee Nation received a SPG-SIG grant for Rogers County (RC), and Healthy Community Partnership (HCP) was formed in March 2008 to combat drug and alcohol problems at the community level. HCP provides leadership for action to address important issues for families and communities in RC. Through the efforts of HCP, RC now has 5 drop boxes to dispose unused/unwanted prescription medications and education for prevention of substance abuse.

HCP has expanded its focus to healthy living projects. RoCo Fit, is based on the “Couch to 5K” fitness program and offers beginning and intermediate level. RoCo Fit has walk and walk/run components for each level. People are led and encouraged by experienced program mentors. The program is a huge success on helping participants meet fitness goals, get healthier, reduce stress, make new friends and stay motivated. Get latest information on www.rocofit.org and https://www.facebook.com/#!/groups/RoCoLoCo/

HCP has completed Visioning, CHSA, Community Themes & Strengths, and some part of LPHSA in 2013. MAPP vision “A healthy Rogers County is safe, educated, progressive and culturally competent with access to basic needs and activities that support a healthy lifestyle. We are engaged, tolerant and empowered and display responsibility and pride in our community.”

**MEETINGS:** HCP has bi-monthly meetings on the first Friday of the month. Noon to 1PM at Claremore Community Center.

**Partnership Priorities**

1. Substance Abuse
2. Healthy Lifestyles
3. Tobacco Prevention
4. Behavioral Health
5. Child Abuse, Teenage Pregnancy
6. Quality of Life
Vision
Rogers County will become a model in Oklahoma for healthy living in a drug free environment

MISSION
To achieve lasting positive environmental change in Rogers County to prevent substance abuse and the resulting negative consequences for youth and across the lifespan

Activities
Brought in speakers for Rogers County schools for Red Ribbon week.
Quarterly compliance checks for alcohol with law enforcement
Created anatomical mannequin (Tilley Getzit) to portray the damage caused by alcohol drugs.
Distributed pharmacy bags with Quit Tobacco helpline information.
Held youth to youth conference with CN.
Had RX abuse and substance abuse information booth at Senior Citizen Day event
Hosted luncheon for school counselors/principals to update them on future school projects. Banners on prescription drug misuse. Adding 4th RX take back box.

Outcomes/Impacts
Completion of Spring RoCo Fit Session. Program averaged 100+ participants for each work-out.
100 Spring RoCo Fit participants finished 70% of the 12 week program components.
Creation of an all County youth Coalition

Contact Information:
Mendy Stone
mendy.s@volunteersforyouth.com
Renetta Harrison, Health Educator,
renettah@health.ok.gov
RTPC Fauzia Khan fauziak@health.ok.gov

Partnerships
Volunteers for Youth
Rogers County Health Dept.
Cherokee Nation
NTC-Claremore
Bike About Bicycle Shop
Community Volunteers
Community Mentors
Cedar Point Church
Chelsea HCP
RC Drug Free communities
Rogers County Youth Shelter
ROCMND
Rogers County Schools
Rogers County Sheriff’s Office
Claremore Police Dept