

Lead Resources

Oklahoma Childhood Lead Poisoning Prevention Program
405.271.6617 • 800.766.2223
<http://lpp.health.ok.gov>

Get general information, brochures and fact sheets on lead poisoning prevention in children and adults, including the Lead Exposure Risk Assessment Questionnaire.

Centers for Disease Control and Prevention
800.232.4636
cdc.gov/nceh/lead

Learn about lead poisoning prevention and contacts for Childhood Lead Poisoning Prevention Programs across the nation.

Consumer Products Safety Commission
800.638.2772 (TTY 301.595.7054)
cpsc.gov

Subscribe to this free service to receive e-mail notifications of product recalls. You may choose specific categories, such as toys.

National Center for Healthy Housing
410.992.0712
<http://www.nchh.org/Training/National-Healthy-Homes-Training-Center.aspx>

The latest scientific news about environmental hazards in the home and how to combat them.

The Orange County Register conducted testing on candies made with ingredients tainted with lead or those with lead paint used on the wrapper. Information on their findings can be found here <http://www2.ocregister.com/multimedia/lead/>

Oklahoma Department of Environmental Quality
405.702.4100 • 800.869.1400
www.deq.state.ok.us

The ODEQ is the official agency for Implementing the Lead-Based Paint Management Program. The department operates a certification and accreditation program. Certification is required for all individuals and firms who offer and/or perform lead-based paint services.

ToxTown (Natl. Library of Medicine)
888.find.nlm 1.888.346.3656
<http://toxtown.nlm.nih.gov>

This entertaining, interactive web site gives information about many hazards in the environment.

United States Department of Housing and Urban Development
202.708.1112 (TTY 202.708.1455)
www.hud.gov/lead

This site offers information about how to find and purchase safe and affordable housing. They have a special section regarding lead disclosure rules and lead based paint.

United States Environmental Protection Agency
800.887.6063
www.epa.gov

The EPA monitors, sets standards, and provides enforcement to ensure environmental protection of human health and to safeguard the natural environment. EPA also has a special LEAD section.

Protect Kids from Lead

If your home was built before 1978, use these tips to avoid lead exposure.

- > Do not let your child put toys or objects that have been on the floor in his/her mouth.
- > Do not vacuum paint chips or dust without a true HEPA filter.
- > Do not burn painted boards, newspapers, colored paper or magazines in a wood burning stove or fireplace.
- > Do not use hot water for cooking or preparing formula; let the cold water run 2-3 minutes before using.
- > Wash toys daily.
- > Wash your child's hands and face often, especially before eating.
- > Feed your child three meals and two or three snacks, which are rich in calcium (broccoli, low-fat cheese and milk, pudding, yogurt) and iron (beans, cereals, fish, ham, lean beef, pork, poultry, and green leafy vegetables).
- > Clean floors, walls, and window sills often with a wet cloth or mop.
- > Make regular visits to your health care provider.
- > Make sure children play in safe areas with no exposed dirt.
- > Have your child tested for lead.



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