

COLLABORATING ON EFFECTIVE STRATEGIES FOR  
OLDER OKLAHOMANS TO LIVE AND AGE WELL.



# SEAN PETERSON

with  
FYZICAL THERAPY AND BALANCE  
CENTER OF OKC

*has pledged to elevate healthy aging in Oklahoma by participating in the  
Healthy Aging: Living Longer Better collaborative to*



## STRATEGY IMPLEMENTED:

FYZICAL is an outpatient physical therapy clinic. We specialize in falls prevention. Our state-of-the-art clinic can assess your individual risk for falling and tailor a plan of care to your needs. Our Safety Overhead System provides you with the safety and confidence to make the gains you need to Love Your Life! We conduct free balance and falls risk screens both in our clinic as well as in the community.

## OUTCOMES TO DATE:

We routinely improve patients' balance and reduce falls risk using the FYZICAL Balance Paradigm. FYZICAL recently published results in Ear, Nose & Throat Journal showing that the FYZICAL Balance Paradigm is effective for patients through at least 99 years old. It's never too late to improve your balance and reduce your risk of falling.

**DATE OF PLEDGE:** 05/07/2019    **WEBSITE:** [www.fyzical.com/oklahoma-city](http://www.fyzical.com/oklahoma-city)

## TO COLLABORATE WITH THIS STAKEHOLDER CONTACT:

(405) 400-8909 • OKC@FYZICAL.com

**THANK YOU FOR JOINING THE COLLABORATIVE.  
WE LOOK FORWARD TO CELEBRATING YOUR SUCCESS.**  
VISIT OUR WEBSITE AT [HEALTHYAGING.HEALTH.OK.GOV](http://HEALTHYAGING.HEALTH.OK.GOV)

