

# Folic Acid and Preconception Educational Materials

Name : \_\_\_\_\_

Organization: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_



### Ready Not Pamphlet

Folic acid education for women NOT considering pregnancy now or in the near future.

English  
Quantity\*

Spanish  
Quantity\*

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Not Available

### Ready Not Poster

11"x16.5"

\_\_\_\_\_

Not Available



### Before You Know You're Pregnant Pamphlet

Folic acid education for women who are thinking about becoming pregnant soon.

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### Got Diabetes? Thinking about having a baby?

This easy-to-read booklet was developed for women who have diabetes and are thinking about getting pregnant or are already pregnant.

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### Think Before You Drink

This brochure describes what Fetal Alcohol Syndrome is and how to prevent it; the brochure targets childbearing-age women with the message to avoid alcohol during pregnancy.

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### Take Folic Acid cup

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Not Available



### Keychain Whistle/Flashlight

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Not Available



### Important Information about Preventing Birth Defects

This brochure provides information about birth defects, folic acid and steps women can take for healthier babies.

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\*Quantities may be limited. Please call us for special requests.

Oklahoma State Department of Health  
Screening and Special Services

For additional information call 1-405-271-6617 or 1-800-766-2223  
Fax orders to 1-405-271-4892