

# What is Title V?



## Who Does Title V Help?



## MCH Title V History

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children, and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 35 million women and children in the U.S.

Since 1935, federal and state funds have supported state activities that improve the health of pregnant women, mothers and infants, children, and children with special health needs. These groups are often referred to as the "MCH popula-

tion." Title V funds are used to address maternal and child health priorities. Every state has a Title V Block Grant and is required to write annual reports and do a statewide needs assessment every five years.

For 2012, Oklahoma benefited over 1.3 million women, infants, and children with Title V programs. In Oklahoma, Title V is run by the Oklahoma State Department of Health and the Department of Human Services, in close partnership with the Oklahoma Family Network. This assures families have a voice in the services they receive.

## Oklahoma's Title V Priorities

- Reduce the number of babies who die before their first birthday.
- Reduce tobacco use.
- Reduce motor vehicle injuries among children and youth.
- Reduce unhealthy weight.
- Improve access to all types of health services.
- Improve services for youth with special health care needs as they become adults.
- Reduce unplanned pregnancies.
- Improve the health for males and females of child-bearing age (before and between pregnancies).
- Increase the number of child care providers for children with special health care needs.
- Increase the number of babies who sleep safely.

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