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## **Fitness efforts honored**

By Jim Killackey  
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The American Council for Fitness and Nutrition and the National Association for Health and Fitness are honoring Oklahoma City fitness initiatives. At a Renaissance Hotel breakfast Wednesday, these programs will be recognized:

The Kids' Memorial Marathon; Together at the Table from KWTV NEWS 9; REACH 2010: Racial and Ethnic Approaches to Community Health; Fit 4 Life and Fit 2 Fight; and the Turning Point Council's Walk This Weigh.

Keynote speakers at Wednesday's event are:

Nancy M. Betts, director of nutritional sciences at Oklahoma State University; Dr. Ryan Brown, pediatrician for the Choctaw Nation of Oklahoma Diabetes Wellness Center; Stanley Hupfeld, president and CEO of Integris Health and chairman of the Oklahoma Fit Kids Coalition; and Allen Knehans, David Ross Boyd professor in the Department of Nutritional Sciences at the University of Oklahoma.