The Oklahoma Health Improvement Plan (OHIP) was developed by health leaders, representatives of business, labor, tribes, academia, non-profit health organizations, state and local governments, professional organizations and private citizens.

OHIP Framework

PRIVATE/PUBLIC PARTNERSHIPS

HEALTH SYSTEMS
- HEALTH TRANSFORMATION
- HEALTH EDUCATION

FLAGSHIP ISSUES
- TOBACCO USE
- OBESITY
- CHILD HEALTH
- BEHAVIORAL HEALTH

SOCIAL DETERMINANTS
- EDUCATION ATTAINMENT
- JOBS/WEALTH GENERATION

Making the Connection: Social Determinants, Personal Behaviors and Health Outcomes

ADVERSE SOCIAL DETERMINANTS
- JOB
- NEIGHBORHOOD
- EDUCATION
- FOOD
- BELONGING

UNHEALTHY PERSONAL BEHAVIORS
- SMOKE
- TV
- SLEEP
- GAMES

POOR HEALTH OUTCOMES
- STROKE
- HEART DISEASE
- RESPIRATORY DISEASE
- DIABETES

PRECONCEPTION > BIRTH > INFANCY > CHILDHOOD > ADOLESCENT > ADULTHOOD > ELDERSHIP
## TOBACCO USE

| 45th | 23.7% on smoking among adults |

### CORE MEASURES
- Reduce adolescent smoking prevalence from 15.1% in 2013 to 10% in 2020 for high school-aged youth and from 4.8% in 2013 to 2% in 2020 for middle school-aged youth (2018 data).
- Reduce adult smoking prevalence from 23.7% in 2013 to 18% in 2020 (2019 data).

## OBESITY

| 44th | 32.5% on obesity among adults |

### CORE MEASURES
- Reduce adolescent obesity prevalence from 11.8% in 2013 to 10.6% in 2020 (2019 data).
- Reduce adult obesity prevalence from 32.5% in 2013 to 29.5% in 2020 (2019 data).

## CHILDREN’S HEALTH

| 43rd | 6.8 PER 1,000 on infants who do not survive to their first birthday |

### CORE MEASURES
- Reduce infant mortality from 6.8 per 1,000 live births in 2013 to 6.4 per 1,000 live births by 2020 (2018 data).
- Reduce Maternal Mortality from 29.1 per 100,000 live births to 26.2 per 100,000 live births by 2020 (2018 data).
- Reduce Infant, Child and Adolescent Injury Mortality from 15.2 per 100,000 in 2013 to 13.9 per 100,000 by 2020 (2018 data).

## BEHAVIORAL HEALTH

| 44th | 4.3 DAYS on number of poor mental health days in the past 30 days reported by adults |

### CORE MEASURES
- Reduce the prevalence of untreated mental illness from an 86% treatment gap to 76% in 2020 (2018 data).
- Reduce the prevalence of addiction disorders from 8.8% to 7.8% by 2020 (2018 data).
- Reduce suicide deaths from 22.8 per 100,000 in 2013 to 19.4 per 100,000 by 2020 (2017 data).

## HEALTH SYSTEMS

In order for Oklahoma to achieve demonstrated improvement in health outcomes, systems that support health must be high quality, accessible and value-based. These systems should create an environment in which the healthy choice is the easy choice for Oklahomans. OHIP 2020 addresses health systems through two major focus areas – Health Transformation and Health Education.

### HEATH TRANSFORMATION
- Efforts are focused on creating a high-functioning health system that improves population health, health quality and access to care while bending the healthcare cost curve.

### HEALTH EDUCATION
- Efforts are focused on empowering people to take action by increasing knowledge and skills, while also focusing on systems, environments and policies that affect health.

## CALL TO ACTION

All Oklahomans are asked to do their part and participate in creating a culture of health through the following actions:

- Adopt recommended healthy lifestyle changes and encourage your friends and family.
- Get connected with a local Turning Point or other community partnership to plan and implement local community health improvement efforts.
- Encourage local businesses, schools, communities, and congregations to apply for and achieve Certified Healthy Oklahoma recognition.

- Visit [www.health.ok.gov](http://www.health.ok.gov) for a complete listing of Turning Point Coalitions in Oklahoma.
- Go to [OHIP2020.com](http://OHIP2020.com) to learn more about the Oklahoma Health Improvement Plan.

OHIP2020.com