MOSQUITOBORNE DISEASES

MOSQUITOES MAY BE A THREAT TO YOU AT HOME AND WHEN TRAVELING

MOSQUITOES ARE SMALL INSECTS THAT CARRY SERIOUS DISEASES

WITH JUST 1 BITE they can transmit diseases such as:

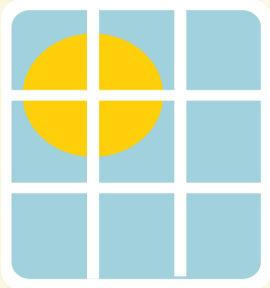
- West Nile Virus
- Malaria
- Chikungunya Virus
- Dengue Fever
- Zika Virus

DISEASES spread by mosquitoes **kill a million people** every year & more than half of the world's population is at risk

TAKE SIMPLE MEASURES TO PROTECT YOURSELF AND YOUR FAMILY

Avoid outdoor activities when mosquitoes are most active during the early morning and early evening

Install **window screens**



When **TRAVELING** to a country where malaria and other mosquitoborne diseases are a concern:

- ✔ Check with your doctor about **MEDICATIONS** to prevent malaria.
- ✔ Use **BEDNETS** to prevent mosquito bites while sleeping.

Use **MOSQUITO REPELLANT** according to the instructions on the label.

GET RID OF stagnant water from places **WHERE MOSQUITOES BREED** such as in old containers, flower pots, and used tires.

Acute Disease Service
Oklahoma State Department of Health
Creating a State of Health

For more information of mosquitoborne diseases and prevention, call or visit us on the web:

(405) 271-4060 http://ads.health.ok.gov