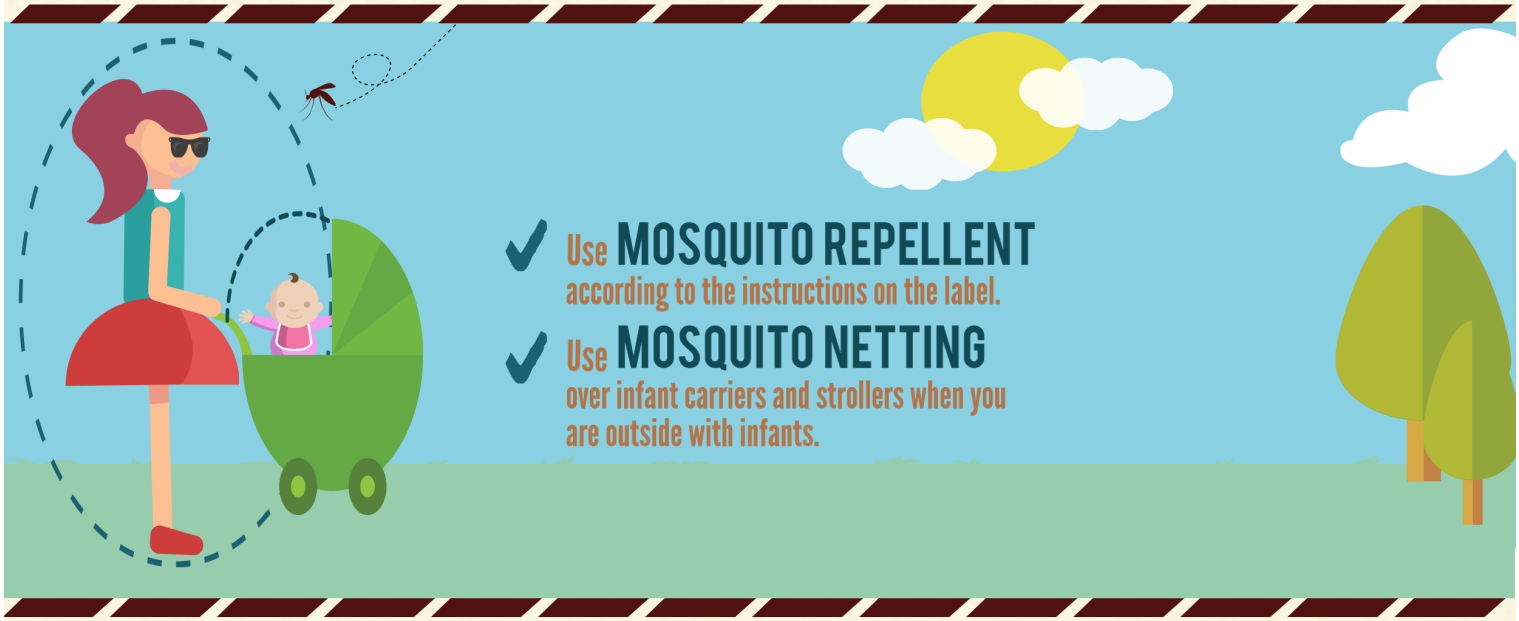
Preventing Mosquito Bites

Avoid those pesky MOSQUITO bites with these easy prevention tips.

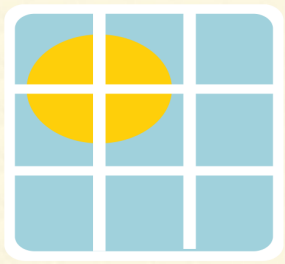


- ✓ Use **MOSQUITO REPELLENT** according to the instructions on the label.
- ✓ Use **MOSQUITO NETTING** over infant carriers and strollers when you are outside with infants.

TAKE SIMPLE MEASURES TO PROTECT YOURSELF AND YOUR FAMILY

Avoid outdoor activities when mosquitoes are most active during the early morning and early evening.

Install or Repair **window screens**



✸ Use air conditioning when available.

GET RID OF stagnant water from places **WHERE MOSQUITOES BREED**

- ✓ old containers, buckets
- ✓ pool and hot tub covers
- ✓ flower pots
- ✓ tires
- ✓ tarps

- ✓ Empty your pet's outdoor water bowl daily and refill.
- ✓ Trim grass/weeds and dismantle brush to deprive mosquitoes of a habitat.
- ✓ Rinse, scrub, and refill birdbaths weekly.
- ✓ Regularly check for clogged rain gutters and clean if needed.
- ✓ Cover containers used for rain water collection when not collecting water.
- ✓ Repair leaky lawn irrigation spouts.
- ✓ Store boats covered or upside down.
- ✓ Regularly maintain pools and hot tubs. Empty wading pools weekly and store indoors when not in use.
- ✓ For water gardens, use environmentally safe products to kill mosquito larvae, or stock with fish that eat mosquito larvae ('mosquito minnows').

Acute Disease Service
Oklahoma State Department of Health
Creating a State of Health

For more information of mosquitoborne diseases and prevention, call or visit us on the web:
(405) 271-4060 http://ads.health.ok.gov