

# Mayes County HOPE

## Mayes County

2009

### Coalition Priorities:

1. Alcohol misuse among adults
2. Prevention of underage substance abuse
3. Nutrition and Physical Activity
4. Prevention of unsafe sexual activity
5. Tobacco Use Prevention

### About Us...

The purpose of the Coalition is to reduce high-risk health behaviors such as alcohol, drug and tobacco use, unsafe sexual activity, poor nutrition and physical inactivity through education, coalition building, interventions and other appropriate activities, thus improving the quality of life of the citizens of Mayes County.

Mayes County HOPE was one of the coalitions selected for Cherokee Nation CAN grant. They hired a prevention specialist and identified their top priority from data collected to be alcohol misuse among adults. After having a HOPE retreat in August, they developed a strategic plan to work on the alcohol misuse issues. The following are some of the plans for Seasonal Adult Alcohol Misuse: Provide information in public newspaper on 40 things to do with your family that are little to no cost and don't involve alcohol; Provide information on consequences of DUI's and PI's to the public in local newspaper and on website; Use youth voice (leadership group) to remind adults to be responsible drinkers; Educate officers on what our data says about adult alcohol misuse; and Increase checkpoints and provide incentives to drivers no driving under the influence during National Sobriety Checkpoint Week.

The coalition is not only working on substance abuse, but they are now working on physical fitness and nutrition. They are working on a plan with the use of receiving the Fit Kids BITE grant.

### Partners:

Mayes County Health Department  
Green Country Boys and Girls Club  
Pryor Public Schools  
Pryor Recreation Center  
American Red Cross  
ROCMND APRC  
OCCY  
Cherokee Nation  
Integra's Health  
Office of Juvenile Affairs  
Four Corners Helping Hands  
Your Place Church

### Key Activities:

- ◆ 2M2L Camp
- ◆ Developing a Teen Center
- ◆ Underage Drinking Town hall meeting
- ◆ HOPE Retreat
- ◆ Duffle Bags for Youth after leaving a meth house
- ◆ Zoning Laws
- ◆ Non-profit status

### Significant Outcomes:

- ◆ Fit Kids BITE Grant
- ◆ Strategic plan on substance abuse prevention

