



Health *in the Valley* A Turning Point Partnership

LeFlore County

2013

About Us . . .

Concerned persons from three counties in southeastern Oklahoma (Latimer, LeFlore and Pushmataha Counties) joined together to form the **Health in the Valley Coalition** in July, 2012. In their words, the idea being they were located at the very corner of their counties and were almost forgotten by the existing coalition in each county. The group unanimously agreed upon the Turning Point philosophy.

Leadership was chosen at the first meeting and bylaws were soon developed. Strategic planning for priorities was first on the list of things to achieve. Those priorities chosen include: Healthy Lifestyles; Alcohol and Substance Abuse; Poverty; Youth and Family Development and Education

and Economic Development. Coalition members represent many sectors of the community that will contribute to the coalition's successes and effectiveness. This coalition with its unique makeup will allow for some very strategic goals with three different tobacco grants at the table.

One of the first goals for the group was to apply for County Health Improvement Organization (CHIO) status and not surprisingly the group was the first coalition in southeastern Oklahoma and the second in the state to receive the status. The quality improvement goal to get our primary health care physicians involved will be a Family Fun and Fit Challenge where families will be educated and encouraged to be-

come more physically active and along the way of the 6 month challenge they will receive incentives to keep them motivated to reach their goals.

A second major goal will be to apply for 501 © 3 status. A committee has been formed and the application process will begin soon.

The coalition meets the third Monday of the month at 10am at the Senior Nutrition Center on Railroad Street in Talihina.

Go HITV!!!

Contact Information:

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Chairperson
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Students Working Against Tobacco

SV Panola Team



Partnership Priorities

- ◇ Healthy Lifestyles
- ◇ Alcohol and Substance Abuse
- ◇ Poverty
- ◇ Youth/Family Development and Education
- ◇ Economic Development

Vision

The Health in the Valley Coalition will develop a partnership to achieve and sustain a progressive safe, healthy and positive community.

Mission Statement

The Health in the Valley Coalition will build partnerships to achieve a healthy, safe, drug-free, economical, viable and positive community.

2013

Officers

Leigh Anne Braberry

Chairperson

Todd Baughman

Vice Chairperson

Rebecca Roberts

Secretary

Activities

- Family Fun and Fit Challenge
- Tobacco Control and Prevention
- Students Working Against Tobacco
- Reward/Reminder Initiative
- Red Ribbon Week Activities
- Recovery Walk
- Heart Health/
- Nutrition and Fitness Activities
- Health Promotion Activities
- Teen Zombie Walk
- Teen Conference
- Couch to 5K

Outcomes/Impacts

- ◇ Organized Coalition
- ◇ Strategic Planning/Goal Setting
- ◇ Formed Committees
- ◇ Elected Leadership
- ◇ Adopted Bylaws
- ◇ Building Capacity
- ◇ Growing Partnership



Partnerships

- The LEAN Team
- Project SPIT
- ODMHSAS
- Talihina Public Schools
- LeFlore County Health Department
- Regional Prevention Coordinators
- Youth Empowerment
- Choctaw Nation
- Office of Tribal Affairs
- Oklahoma Health Care Authority
- IMPACT
- Project SAFE
- KIOBOIS
- RPC/SOIC
- TCC
- CN—CFS

FUNDING

IMPACT Grant

\$10,000.00

