

**Oklahoma State Department of Health**  
**“Best Practices Medical Directors Subcommittee”**  
**(aka Long Term Care Subcommittee to the OK Health Care QI Advisory Committee)**

**Meeting # 5**  
**February 11, 2009**  
**Oklahoma City, OK**  
**Minutes**

1. **Called to order** at 2:35 PM by Chair/.Co-Chair
2. **Introductions:** Subcommittee members, guests, Department of Health staff.
3. **Opening remarks:** Presenters advised of time allocated to their presentations.
4. **Review of Minutes of meeting #4**, November 19, 2008. Brief questions answered and clarified that this subcommittee is the de facto LTC Subcommittee to the Commissioner of Health, Oklahoma Health Care QI Advisory Committee. Minutes were unanimously accepted without amendment.
5. **Reviewed Oklahoma’s most recent AHRQ performance measures (2007) for both long-stay and short-stay nursing home residents.**
  - 5.1 It was noted that Oklahoma performed “worse than average” for long-stay residents, for the performance measures of pressure ulcers, (low and high risk residents) Foley catheter use, moderate to severe pain, excess time in bed or chair, urinary tract infection, physical restraints and rate of pneumococcal vaccination. This suggests areas of quality improvement on which provider organizations can focus.
6. **Reviewed** the report the Chair of this Subcommittee submitted to the Oklahoma Health Care Quality Improvement Advisory Committee on December 16, 2008
7. **Revised** LPN training curriculum reviewed by Ruth Eckenstein of the Oklahoma State Department of Career Techs.
  - 7.1 Comprises 1463 content hours of which 692 are clinical.
  - 7.2 Content includes: respiratory/digestive/colostomy/PEG tube care; anatomy and physiology; wellness and communication; pharmacy and IV therapy; med/surg; pediatrics; obstetrics; mental health; transition to practice; and medical terminology.
  - 7.3 Content’s supported by the Oklahoma Board of Nursing.
  - 7.4 It was pointed out that geriatric content is a component of all the curricular modules.
  - 7.5 Subcommittee members inquired as to what percent of LPNs work in LTC facilities; and expressed concern that nurses in Oklahoma have no CEU requirements to maintain licensure
8. **Review of Action Items from meeting #4**
  - 8.1 Draft of letter to be sent to nursing facility medical directors reviewed for comment. LTC Services Division of the Department of Health will review and report back to the Chair.
  - 8.2 QM/QI data for all states in CMS Region VI has been requested from the CMS office in Dallas per request of Dorya Huser.

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**9. Review of "OFMQ Summary of Quality Measure Data for Oklahoma Nursing Homes on physical restraints and high-risk pressure sores. (Peter Winn)**

- 9.1 Physical restraint use has progressively decreased from 2003, Q3 of 11.6% to 2008 Q3 of 5.7% (national average has decreased from 8% to 4%).
- 9.2 HR pressure ulcers have shown improvement most recently from 2008 Q1 of 17.3% to 2008 Q3 of 14.6% (national average 2008 Q3 is 12%)
- 9.3 General discussion ensued on:
  - need to address systems issues important on wound prevention/treatment, staffing, nutrition/dietary interventions; need for improved reimbursement for wound care; lack of coverage by third party payor for equipment such as wound vacs and specialty beds (for long-stay residents)
  - Community based (non-nursing facility) programs used to treat pressure ulcers that are available in other States but not Oklahoma. Such information may possibly be obtained from Dr Tim Keay of Baltimore, Maryland. Work phone # (410) 328-5145 or  
Dr Keith Rapp, Houston, Texas, Work # (281) 554-0236.  
Dr Peter Winn/ Dorya Huser will try to obtain further information.

**10. Internet demonstration given by Gene Clark, VP of Quality Management and Administration, Grace Living Centers, at the following websites:**

**[www.oknursinghomeratings.com](http://www.oknursinghomeratings.com) (OHCA)**  
**[www.myinnerview.com](http://www.myinnerview.com)**

- 10.1 Cassell Lawson commented that 95% of Oklahoma's nursing facilities (284) are participating in the "Focus on Excellence" initiative.
- 10.2 These websites offer training programs; "Best Practices" reports from nursing facilities from around the United States; in-service material for different health care professionals; advice on culture change; creation of administrative reports; in-house creation of quality performance data.
- 10.3 General discussion ensued on how to incentivize quality improvement in individual nursing facilities; including financial incentives, recognition quality awards, and additional educational opportunities for staff paid by their facility.

**11, Oklahoma Pressure Ulcer Coalition Update:**

- 11.1 Recent fair/workshop event at Mercy Health Center, Oklahoma City, OK, was very successful with over five hundred participants. that included students from various healthcare professions and even family members and the public.
- 11.2 A similar event is being planned at Saint Francis Hospital, Tulsa, Oklahoma.

**12. Other Business Discussed:**

- 12.1 House Bill 593: (Burrage) on creating the Joint Legislative Oversight Committee for Long-Term Care. Esther Houser, of the States Ombudsmen's office will obtain further information and forward this to the Subcommittee's Chairs.
- 12.2 House Bill 1729: (Douglas Cox) proposing that the current pilot on IDR (Informal Dispute Resolution) be made permanent.
- 12.3 Mr. Rocky McElvany, MS has been selected as the interim Commissioner of Health.
- 12.4 Proposed that the OHCA data on nursing facilities also include the name of each facility's DON and medical director, rather that just their administrator. This can be updated quarterly per Cassell Lawson.
- 12.5 Upcoming LTC Provider Training by the Department of Health scheduled for June 23-24 at the Moore-Norman Technology Center in Oklahoma City and July 22-23 at the Tulsa Technology Center. Proposed that Drs. Winn/Root present information of Oklahoma's quality initiatives.

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13. Next meeting to be scheduled for early June 2009.

14. Meeting adjourned at 4:35 PM

Submitted By:

Peter Winn, MD, CMD

Chairman

"Best Practices Medical Directors Subcommittee"

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