COMMUNITY EVIDENCE-BASED PROGRAMS - OKLAHOMA DOESN'T SIT STILL http://www.ok.gov/health/Community_Health/Community_Development_Service/Health_Equity_&_Resource_Opportunities/

Type of Education or Physical Activity Program	Organization	Address	City	Phone
Living Longer, Living Stronger	Chandler Senior Center Starts 07/19/16	1121 N. Price	Chandler	(405) 258-2640
also known as the	Langston University (OKC) Starts 07/25/16	6700 Martin Luther King Ave.	OKC	(405) 842-7923
Chronic Disease Self-Management Program	Lawton Public Library Starts 07/14/16	110 SW d4th St.	Lawton	(580) 585-6612
For you or a loved one who has arthritis, diabetes, high	LIFE Senior Services Starts 07/19/16	5950 E. 31st. St.	Tulsa	(918) 664-9000, x 224
blood pressure, heart disease, chronic pain,	Marlow Senior Center Starts 07/13/16	325 W. Main St.	Marlow	(580) 252-0270
anxiety, depression, or any other ongoing health problem.	McLoud Public Library Starts TBD	133 N. Main St.	McLoud	(918) 623-8383
Individuals learn how to manage, maintain	Tamarack Assisted Living Center Starts 07/05/16	1224 E. Tamarack Rd.	Altus	(580) 379-6990
and increase life activities	Wetumka New Age Nutrition Center Starts 07/19/16	601 S. Alabama	Wetumka	(918) 623-1800
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You will receive the support you need. Find practical ways				
to deal with pain and fatigue, discover better nutrition &	Jackie Brannon Correctional Center	*Not open to the general public*	McAlester	
learn better ways to talk with your family Doctor and family	Dick Conner Community Corrections	*Not open to the general public*	Hominy	
about your health.	Clara Waters Community Corrections Center	*Not open to the general public*	OKC	
	Hillside Community Corrections Center	*Not open to the general public*	OKC	
	Kate Barnard Community Corrections Center	*Not open to the general public*	OKC	
	Oklahoma City Community Corrections Center	*Not open to the general public*	OKC	
	Jess Dunn Correctional Center	*Not open to the general public*	Taft	
	John Lilly Correctional Center	*Not open to the general public*	Boley	
	Dr. Eddie Warrior Correctional Center	*Not open to the general public*	Taft	
	Union City Community Corrections Center	*Not open to the general public*	Union City	
	Turley Correctional Center	*Not open to the general public*	Turley	
	Mack Alford Correctional Center	*Not open to the general public*	Stringtown	
	James Crabtree Correctional Center	*Not open to the general public*	Helena	
Living Longer Living Stronger				
with Diabetes also				
known as the				
Diabetes Self-Management Program				
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Will teach you practical skills on managing				
a chronic health condition with specific focus on type 2				
Diabetes, monitoring blood sugar and diabetes The				
workshop is also for family members and caregivers of				
those with Type 2 Diabetes.				

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