

## *Plan of Action*

### **GOAL: Kiowa County will be an active, livable and safe Community**

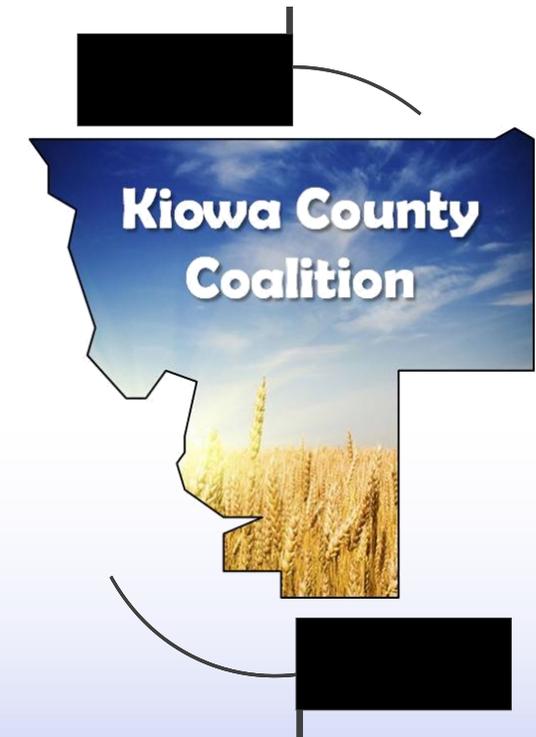
- Develop a strong Coalition that meets on a regular basis and continue identifying priority areas, resources available, and solutions
- Facilitate a Health Educator position
- Form SWAT (Students Working Against Tobacco) teams in all county schools
- Promote existing 24/7 tobacco-free policies in every county school
- Conduct a county-wide Youth Risk Behavior Survey
- Host or provide support to mini health conferences and outreach in schools
- Increase childhood immunization rates
- Increase awareness of underage drinking
- Support and encourage Oklahoma Certified Healthy Businesses
- Incorporate strategies to increase physical activity in children and adults
- Promote and pass tobacco free ordinances
- Increase diabetes education and awareness
- Encourage county schools to promote healthy food choices
- Establish a county-wide Systems of Care
- Build Medical Reserve Corps volunteer capacity

## *KCC Partners*

*Caddo-Kiowa Tobacco Education Coalition  
City of Hobart  
Democrat Chief Newspaper  
Elkview General Hospital  
Evolution Foundation-Systems of Care  
Girls Scouts - Western Oklahoma  
Great Plains Youth and Family Services, Inc  
Head Start Program  
Hobart Library  
Hobart Main Street  
Hobart Schools  
Kiowa Co. Department of Human Services  
Kiowa County Democrat Newspaper  
Kiowa County Health Department  
Kiowa County OSU Extension  
Kiowa County Sheriff's Department  
Kiowa Tribe Child Care Program  
Kiowa Tribe Head Start Program  
Kiowa Tribe Injury Prevention Program  
KTJS Radio Station  
LIVE! Physical Activity & Nutrition  
Lone Wolf Schools  
Medical Reserve Corps  
Mountain View Library  
Mountain View News  
Mountain View-Gotebo Schools  
Oklahoma Commission on Children and Youth  
Oklahoma Health Care Authority  
Red Rock RPC  
Snyder Schools  
Start Right  
Turning Point*

**Kiowa County  
Coalition  
431 West Elm  
Hobart, OK 73651  
580-726-3316**

## *A Turning Point Partner*



*Working with our  
communities  
for improved health  
in Kiowa County*



The Kiowa County Coalition (KCC) is committed to improving the health and quality of life for Kiowa County residents.

The Coalition focuses on the risks and needs identified by the community and works with community partners to build up protective factors and strengths. Identified Key Issues and Risk Behaviors include:

- Drug and Alcohol Abuse (prescription drugs, tobacco, street drugs, underage drinking, alcoholism, education on Social Host Ordinances)
- Parenting (Responsible parenting, education and classes, mentoring possibilities, parental lack of involvement, immunizations)
- Poor Health Indicators (Diabetes prevention, improved physical activity for children and adults)

**Get Involved!**

The Kiowa County Coalition meets the third Monday of every month at 1:00 p.m. at the Kiowa County Health Department, 431 West Elm in Hobart. If you would like additional information please contact us at 580-726-3316.

H o b a r t SWAT team educates the dangers of tobacco & exposes big tobacco's lies



C o a l i t i o n Members participated in Farm-To-You, teaching the value of eating right & exercising to build strong bones!

Coalition hosts Community Forum on Underage Drinking in Snyder & Hobart



International Walk-To-School Day activities in Hobart and in Snyder

**Kiowa County Coalition Mission:**

To ensure that all residents of Kiowa County have access to health care, quality health education and facilities that will promote safety and well-being.



***Positive Youth Development***

- SWAT (Students Working Against Tobacco) Teams

***Prevention of Risky Behaviors***

- Red Rock RPC Tobacco and Alcohol Compliance Checks
- 24/7 Tobacco Free in ALL County Schools
- 4th Grade BMI Project
- GIFT—Positive parenting skills

***Promotion of Healthy Lifestyle Choices***

- Walk to School Programs
- Nutrition Classes
- Free day and evening exercise classes
- LIVE! Nutrition and Fitness Program
- Free Health Fairs
- Injury Prevention Car Seat and Seat Belt Checks
- Diabetes Screening
- Emergency Preparedness

