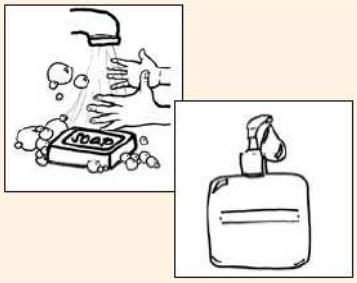
Help Protect Your Co-Workers From Influenza!

Do not come to work if you have a fever, cough, or sore throat.

All healthy employees must:



- Clean your hands often during the day.

- Always cover your cough/sneeze with a tissue or your sleeve. Discard used tissue in wastebasket.

- Clean your hands after coughing or sneezing.

*Adapted from materials created by Minnesota Department of Health

Acute Disease Service
Oklahoma State Department of Health