Head Lice Treatment Tip Sheet

Check the head and scalp of EVERYONE in the household for lice so EVERYONE can be treated at the same time.

Tell parents of close play-mates and friends to examine their children's heads for lice.

Only use human products.

Follow the instruction label for lice shampoo. Contact your health care provider about additional treatment if lice come back.

DO NOT use insect sprays or fogs. These can be toxic and do not kill lice.

Do not depend on the medicated shampoo to completely kill the lice. Comb every day to finish the removal.

Start combing as close to the scalp as possible, and remove louse eggs off the comb after each stroke.

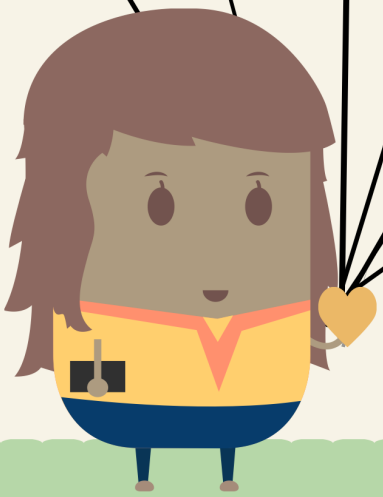
Conditioning shampoo or hair conditioners can stop the head lice medicine from working. Do not use these products.

Check for lice and nits in every household member daily after initial treatment.

Head lice DO NOT spread disease. Excessive scratching can lead to a secondary skin infection.

To prevent lice, avoid head-to-head contact, sharing clothing, hair styling tools, and other personal items.

Check your child's school policy on nits. The Oklahoma State Department of Health DOES NOT regulate school policies for lice.



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