



If you have **HIV/AIDS**, the most important thing is to get **medical care**. You may be able to get help with:

- Medicines
- Care for teeth
- HIV legal problems
- Housing, rent, utilities
- Places to go for help
- Health care at home
- Mental health services
- Jobs
- Nutritional supplements
- Rides to medical appointments

Ryan White Part C Clinics (EIS - Early Intervention Services/Primary Medical Care Services)

The only eligibility is confirmation that you have HIV. No one is denied services if they are unable to pay. Most Services are free if your income is below 100% of poverty level. If your income is higher, a sliding fee scale is available. Medicaid, Medicare and most private health insurances are also accepted.

918 area code:

Oklahoma State University - Internal Medicine Specialty Services - (OSU-IMSS) Health Care Center, Tulsa (918) 382-5058 & 1(800) 586-0754

Arrange an appointment on-site at the OSU-IMSS clinic or at Tulsa C.A.R.E.S. (see next page)

405 and 580 area codes:

University of Oklahoma Health Sciences Center ID Institute, Oklahoma City

Arrange an appointment with:

- The EIS Clinic at (405) 271-6434 (if you do not need additional assistance)
- **RAIN, Inc.** (see next page)
- **DHS AIDS Care Coordinator** (see next page)

Case management, applying for medicines, and other services are available through Ryan White Title II and other resources.

918 area code:

Tulsa C.A.R.E.S. - (918) 834-4194 or 1-800-474-4872

405 and 580 area codes:

***RAIN, Inc., Oklahoma City
(405) 232-2437 or 1-800-285 CARE (2273)
RAIN, Inc., Lawton
(580) 353-7900***

DHS (Department of Human Services) has AIDS Care Coordinators (ACIS) who help people with HIV/AIDS:

(405) 271-5816 (J. David Odle, Manager)

Tulsa and the eastern part of the state:

(918) 581-2146 (Kenya Johnson)
(918) 581-2178 (Stan Smalts)
(800) 734-7516, or Fax: (918) 581-2114

Oklahoma City, north central, and northwest Oklahoma:

(405) 271-3330 (Gaila Smalley)
(405) 271-3339 (Kathy Marion)
(405) 271-3336 (Rebecca Mancill Buswell)
Call Toll Free at (800) 884-1572 or Fax: (405) 271-3338

Letting Your Partners Know

Other people may have been exposed to HIV. They need to know so they can get tested and get medical care. You can get help with how to tell a partner yourself or a trained person can tell a partner for you. When that person tells partners, your name will not be used. You, your counselor, doctor or nurse can call:

***The Oklahoma State Department of Health
HIV/STD Service, (405) 271-4636***

Tell whoever answers the phone that you want to talk to someone about "***Partner Notification***".

R.A.I.N. - Regional AIDS Intercommunity Network

Oklahoma City: (405) 232-2437

Southwest (Lawton): (580) 353-7900

<http://www.rainoklahoma.org/>

More Helpful Numbers

- HIV/STD Hotline: 1-800-535-AIDS (2437)
- Spanish AIDS Hotline: 1-800-344-SIDA (7432)
- National AIDS Hotline: 1-800-342-AIDS (2437)
- National AIDS Hotline (Deaf): 1-800-243-7889

The "Where To Get Help" brochure is issued by the Oklahoma State Department of Health, as authorized by Terry L. Cline, Ph.D., Commissioner of Health and State Health Officer of the Oklahoma State Department of Health. OSDH HIV/STD Service.
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