

# OBESITY SNAPSHOT IN OKLAHOMA – ADULTS

Current **OK** obesity rate (2015)

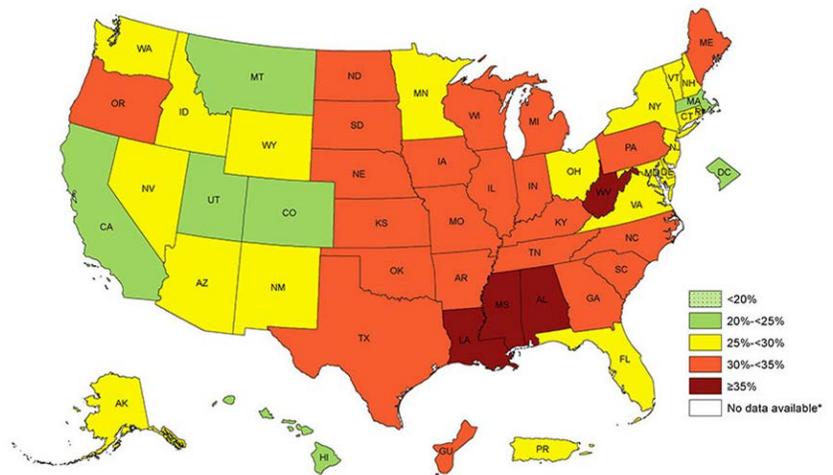
**33.9%**

Current **US** obesity rate (2015)

**29.8%**

Rank among states (2015)

**8**/51



## Race/Ethnicity

White NH **32.9%**

Black NH **36.9%**

Indian NH **47.3%**

Hispanic **32.0%**



## Education

Less than HS **36.0%**

High School **35.0%**

Some College **36.3%**

College **27.1%**



## Income

<\$15,000 **37.5%**

\$15,000–\$24,999 **38.1%**

\$25,000–\$49,999 **35.7%**

\$50,000–\$74,999 **33.6%**

\$75,000 or more **30.8%**



## Health Care Coverage

Insured **34.1%**

Uninsured **33.3%**



## Age

18–34 **30.3%**

35–64 **38.3%**

65 or more **28.1%**



## Gender

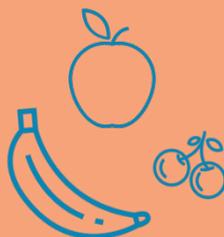
Male **33.7%**

Female **34.0%**



Participated in leisure time physical activity (2015)

**66.8%**



Consumed 1+ fruit(s) daily (2015)

**48.9%**



Consumed 1+ vegetable(s) daily (2015)

**75.5%**

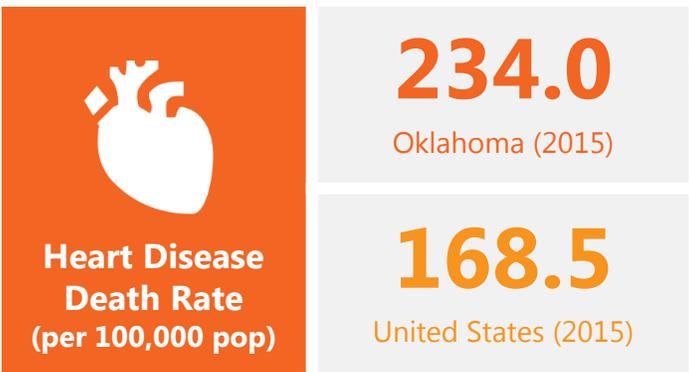
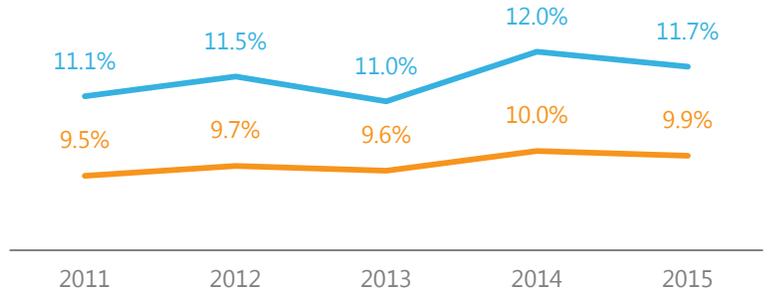


# OBESITY IS LINKED WITH CHRONIC CONDITIONS AND LIFETIME COSTS

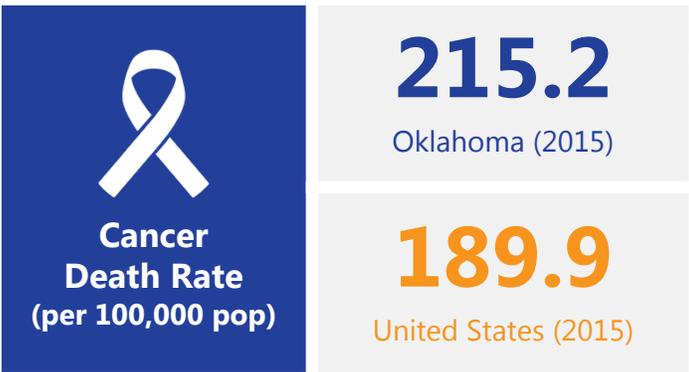
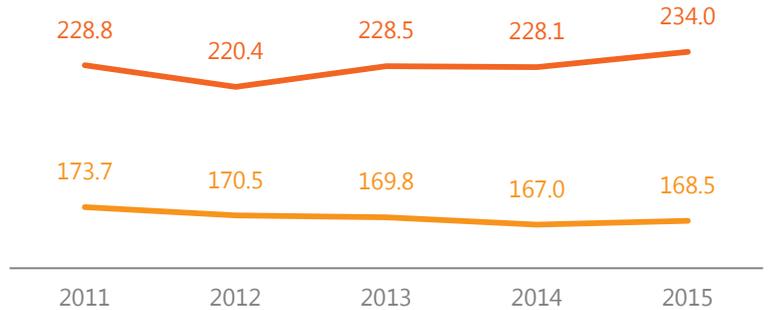
## Obesity-Related Chronic Conditions



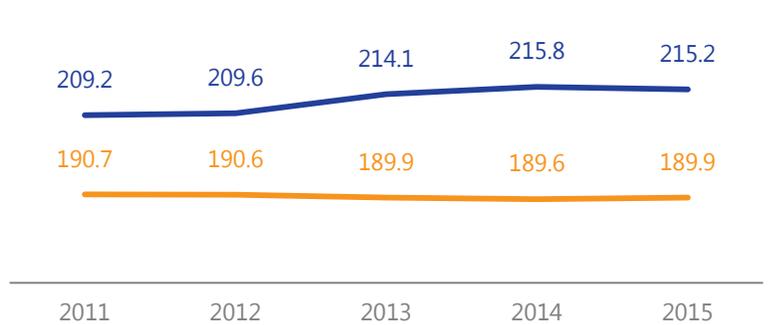
Oklahoma has the 9<sup>th</sup> highest diabetes prevalence



Oklahoma has the 2<sup>nd</sup> highest heart disease death rate



Oklahoma has the 7<sup>th</sup> highest cancer death rate



## Obesity-Attributable Medical Expenditures (2009 dollars)



# OBESITY SNAPSHOT IN OKLAHOMA – YOUTH

Current **OK** obesity rate (2015)

**17.3%**

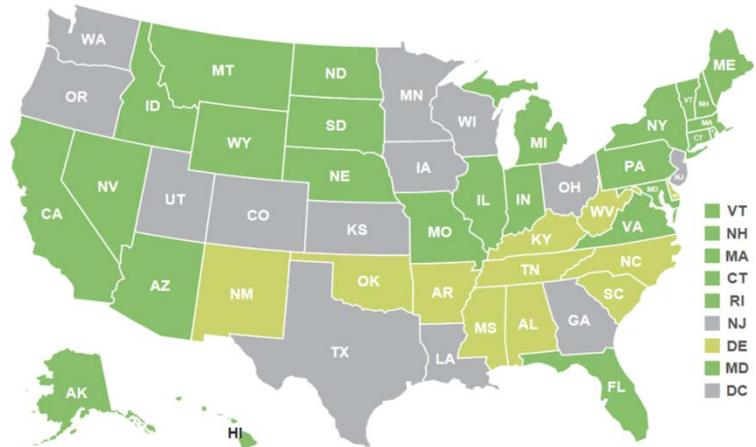
Current **US** obesity rate (2015)

**13.9%**

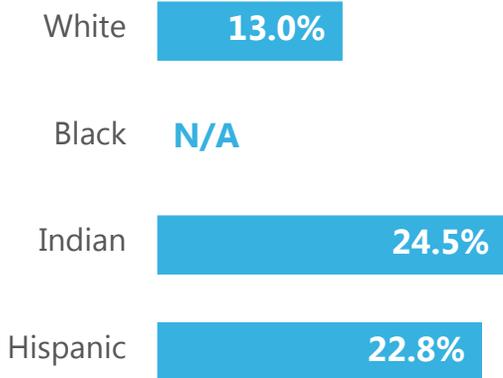
Rank among states (2015)

**6**/45

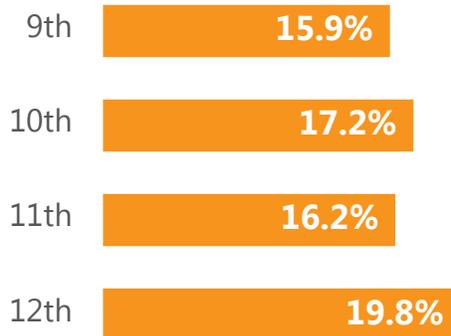
0 - 9.9% 10 - 14.9% 15 - 19.9% 20 - 24.9% 25 - 29.9% 30 - 34.9% 35%+



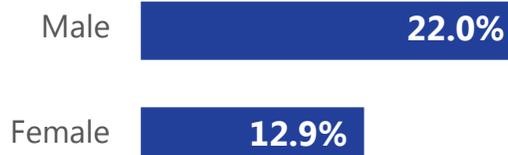
## Race/Ethnicity



## Age



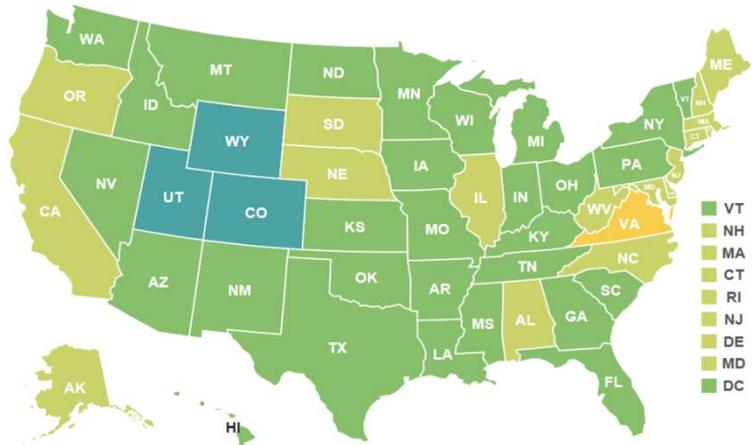
## Gender



# OBESITY SNAPSHOT IN OKLAHOMA – CHILDREN

## Ages 2-4 (WIC participants)

0 - 9.9% 10 - 14.9% 15 - 19.9% 20 - 24.9% 25 - 29.9% 30 - 34.9% 35%+



Current **OK** obesity rate (2014)

**13.8%**

Current **US** obesity rate (2014)

**14.5%**

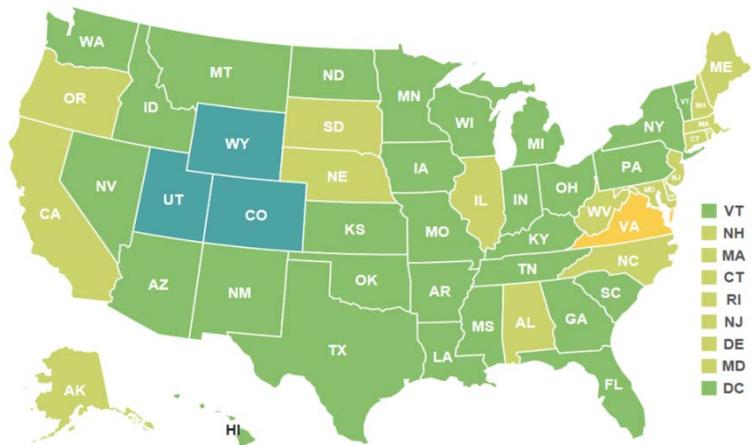
Rank among states (2014)

**29**/<sub>51</sub>



## Ages 10-17 (National Survey of Children's Health)

0 - 9.9% 10 - 14.9% 15 - 19.9% 20 - 24.9% 25 - 29.9% 30 - 34.9% 35%+



Current **OK** obesity rate (2011/12)

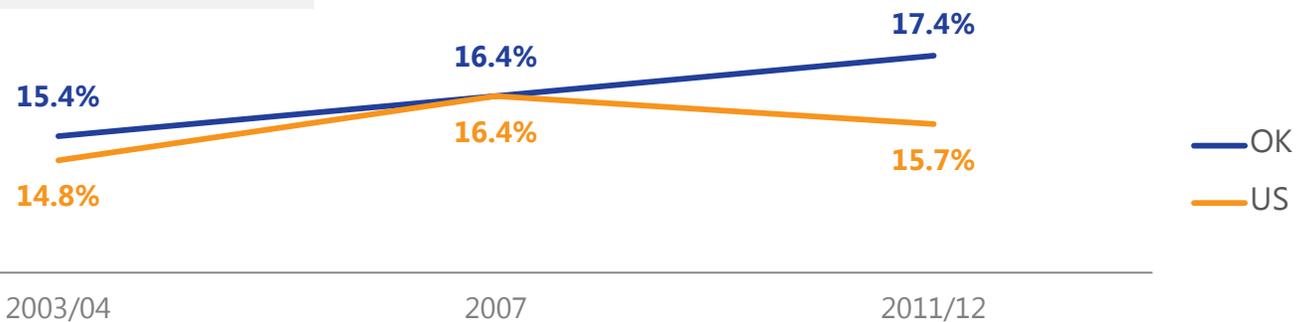
**17.4%**

Current **US** obesity rate (2011/12)

**15.7%**

Rank among states (2011/12)

**14**/<sub>51</sub>





## REFERENCES

### OBESITY SNAPSHOT IN OKLAHOMA – ADULTS

- Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Behavioral Risk Factor Surveillance System 2015, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Available at <http://www.health.ok.gov/ok2share>

### OBESITY IS LINKED WITH CHRONIC CONDITIONS AND LIFETIME COSTS

- Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Behavioral Risk Factor Surveillance System 2015, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Available at <http://www.health.ok.gov/ok2share>
- Centers for Disease Control and Prevention - National Center for Health Statistics. Underlying Cause of Death 1999-2015 on CDC WONDER Online Database, released December, 2016. Data are from the Multiple Cause of Death Files, 1999-2015, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Available at <http://wonder.cdc.gov/ucd-icd10.html>
- Trogon, J. G., Finkelstein, E. A., Feagan, C. W. and Cohen, J. W. (2012), State- and Payer-Specific Estimates of Annual Medical Expenditures Attributable to Obesity. *Obesity*, 20: 214–220. doi:10.1038/oby.2011.169

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- Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Youth Risk Behavior Surveillance Data 2015, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Available at <http://www.health.ok.gov/ok2share>

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- Pan L, Freedman DS, Sharma AJ, et al. Trends in Obesity Among Participants Aged 2–4 Years in the Special Supplemental Nutrition Program for Women, Infants, and Children — United States, 2000–2014. *MMWR Morb Mortal Wkly Rep* 2016;65:1256–1260. DOI: <http://dx.doi.org/10.15585/mmwr.mm6545a2>
- National Survey of Children's Health. NSCH 2011/12. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved [08/22/17] from [www.childhealthdata.org](http://www.childhealthdata.org).