



Health Planning Committee

(Enid Metro Commission)

Garfield County

2011

About Us...

The Health Planning Committee is a subcommittee of the Enid Metropolitan Area Human Service Commission. The Health Planning Committee meets the first Friday of every month at 8:30am. The priorities of the Health Planning Committee include the following: Dental Assistance, Mental Health Issues, Tobacco Control, and the Community Clinic.

The Community Clinic is a free health clinic serving Garfield County residents who do not have insurance and is staffed solely on volunteers. The

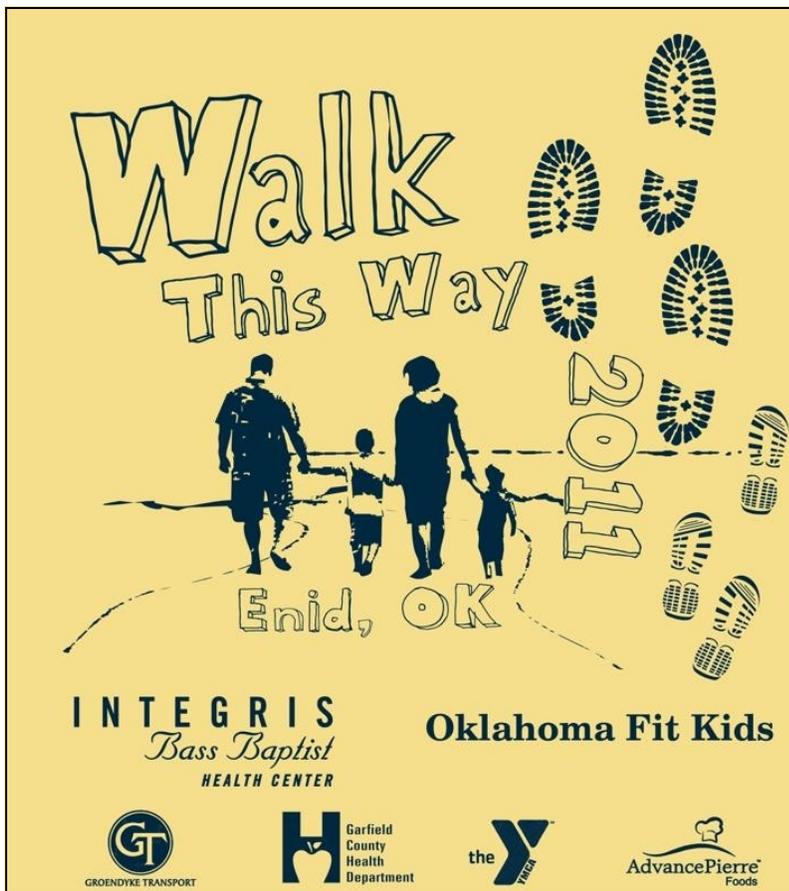
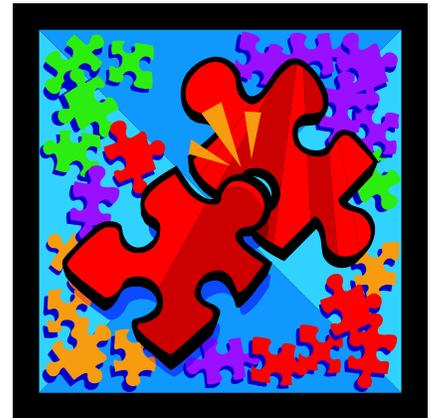
clinic began in 1996 and averages between 60-80 patients per clinic. The clinic is open every Tuesday except for the summer months; they are open every other Tuesday. United Way assists with operating costs and a large fundraiser is held every year to keep the clinic doors open.

Beginning in June 2011, the Community Clinic opened a Nurse Consultation Clinic. The Nurse Consultation Clinic will be available on Thursday mornings and nurses will be available to review lab reports and medications

with patients. In the near future the Nurse Consultation Clinic hopes to start group sessions on health education for patients.

Other events and activities the Health Planning Committee is involved with include: Walk this Weigh, Enid Buzz Run/Health Expo, tobacco prevention, mental health, and various health fairs throughout the community.

The current slate of officers are Janet Cordell, Chair; and Carolyn Pickard, Secretary.



Partnership Priorities

- Community Clinic
- Dental Assistance
- Mental Health
- Tobacco Prevention



Community Profile: Strengths and Challenges

Garfield County was named after President James A. Garfield and has a population of more than 60,000 people. Enid is the county seat and the largest of the towns in Garfield County. Historically, Garfield County was a hunting ground for the Wichita, Osage, and Kiowa tribes. Enid is known as the, "Wheat Capital of Oklahoma." Garfield County is also home to Vance Air Force Base.

Garfield County has an

abundance of community strengths that include:

- ◇ Motivated people and partnerships
- ◇ Variety of community sectors willing to come together for the betterment of the community
- ◇ 70% of students are covered by a 24/7 tobacco free campus policy

Some of the challenges that residents face in Garfield County include:

- ◇ High obesity and tobacco use rates
- ◇ Large number of uninsured

The Health Planning Committee hopes to address the challenges with their current efforts regarding obesity and tobacco prevention as well as through the Community Clinic.

Coalition Meetings:

Health Planning Committee Meeting:

- ◇ 1st Friday of every month; 8:30-9:30am
- ◇ CDSA Office
2615 E. Randolph
Enid, OK

Garfield County Tobacco Free Coalition Meeting:

- ◇ 2nd Thursday of every month; 11-Noon
- ◇ Senior Life Network
4125 W. Owen
Garriott Rd.
Enid, OK

Garfield County was awarded the Communities of Excellence in Tobacco Control Wave 3 grant from the Tobacco Settlement Endowment Trust October 1, 2010. The priority areas of the grant include: Eliminate Secondhand Smoke Exposure, Prevent Youth Initiation, Promote Cessation Services, and Reduce Tobacco Industry Influences. The lead coalition for the grant is the Enid Health Planning Committee and the lead agency is the Northwest Oklahoma State University - Rural Health Projects, Northwest Area Health Education Center.

The first year of the Communities of Excellence in Tobacco Control grant is considered the

planning year. During this time, Garfield County Tobacco Free Coalition, a subcommittee of the Health Planning Committee, has focused on recruiting new members and assessing the needs of Garfield County regarding tobacco control. However, the coalition has had some success during the planning year.

Chisholm Public School passed a 24/7 tobacco free campus policy that will take effect August 2011. This policy will ensure that all students, staff, and visitors will not be exposed to any tobacco products on school property, at all hours, including athletic events that take place outdoors. Garfield County has 70%

of their students protected by a tobacco free policy. The coalition will continue to work until all students in Garfield County are protected by a 24/7 tobacco free policy.

Another great success the coalition has achieved is increasing the number of registrant callers in Garfield County who use the Oklahoma Tobacco Helpline. The Oklahoma Tobacco Helpline is a free, telephone based counseling service specifically for tobacco users who want to quit. From October 2010 through May 2010, there have been 281 residents of Garfield County who have registered with the Oklahoma Tobacco Helpline in an effort to quit using tobacco prod-

ucts. The Garfield County Tobacco Free Coalition will continue to address tobacco control issues during the implementation phase of this grant. If you would like to know more about this program or become involved in the great things Garfield County is doing regarding tobacco control, call Annie Evans, Communities of Excellence in Tobacco Control Coordinator, at 580-213-3168 or by email at maevans@nwsu.edu.

Funding

◇ *Communities of Excellence in Tobacco Control*

Purpose: *Eliminate Secondhand Smoke Exposure, Prevent Youth Initiation, Promote Cessation Services, and Reduce Tobacco Industry Influences.*

Funding Period: *Oct. 1, 2011—Sept. 30, 2012*

Funder: *Oklahoma Tobacco Settlement Endowment Trust*

◇ *United Way*

Purpose: *To assist the Community Clinic with operation costs*

Funding Period: *Yearly*

Funder: *Oklahoma United Way*

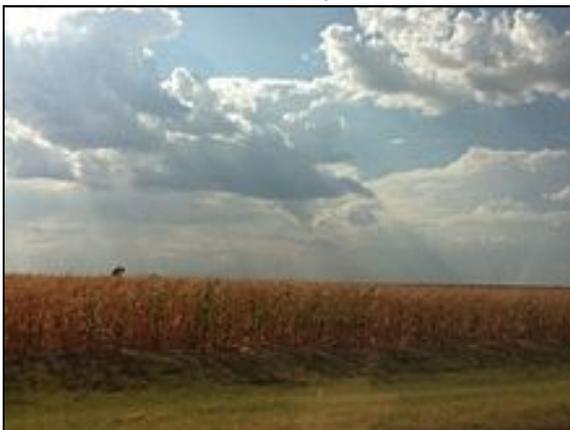
Impact/Outcome

- ◇ 70% of students residing in Garfield County are protected by a 24/7 tobacco free campus policy
- ◇ 490 adults registered for Walk this Weigh
- ◇ 70 adults walked at least 1100 minutes for Walk this Weigh
- ◇ 84 students registered for Walk this Weigh
- ◇ 15 students walked at least 1100 minutes
- ◇ Walk this Weigh registrants (adults and youth combined) walked 141,384 minutes
- ◇ 4 new community members joined the Garfield County Tobacco Free Coalition
- ◇ Created Medical Resource Closet



Above: Garfield County Courthouse; Enid, OK

Below: Wheat field in Garfield County



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