

**Older Adult Falls Prevention Advisory Committee**  
January 16 at 12:00  
Focus Federal Credit Union

**AGENDA**

Welcome

Introductions

Tai Chi: Moving for Better Balance

Summary of the instructor training surveys

Update on the program

Older Adult Falls Prevention Awareness Day – September 23

Discuss potential activities

Senior Day at the State Fair – Tai Chi Demonstrations

Announcements

Next Meeting

Upcoming Events/Activities