



About Us...

Community health encompasses an overall well-being that includes the mental, emotional, physical, occupational, intellectual, and spiritual aspects of a person's life. Custer Health Action Team (CHAT) strives to address all of the dimensions of wellness as equally important factors in having healthy communities.

The Eight Dimensions of Wellness

Emotional — Coping effectively with life and creating satisfying relationships

Environmental — Good health by occupying pleasant, stimulating environments that support well-being

Financial — Satisfaction with current and future financial situations

Intellectual — Recognizing creative abilities and finding ways to expand knowledge and skills

Occupational — Personal satisfaction and enrichment from one's work

Physical — Recognizing the need for physical activity, healthy foods and sleep

Social — Developing a sense of connection, belonging, and a well-developed support system

Spiritual — Expanding our sense of purpose and meaning in life

Custer Health Action Team (CHAT) was formed in 2007 by combining coalitions from Great Plains Systems of Care, Project Picket Fences, and Custer County Turning Point Coalition. Project Picket Fences, Coalition for Teen Pregnancy Prevention and the Area Prevention Resource Center began a local movement to collaborate with other coalitions/teams to provide a stronger voice for the Custer/Washita communities.

CHAT has been involved in numerous projects in Custer County that promote wellness such as:

County Survey to determine community health strengths and weaknesses.

Sibs Workshop - a fun workshop to support siblings of disabled children

Blue Ribbon Week for Child Abuse Awareness and Prevention

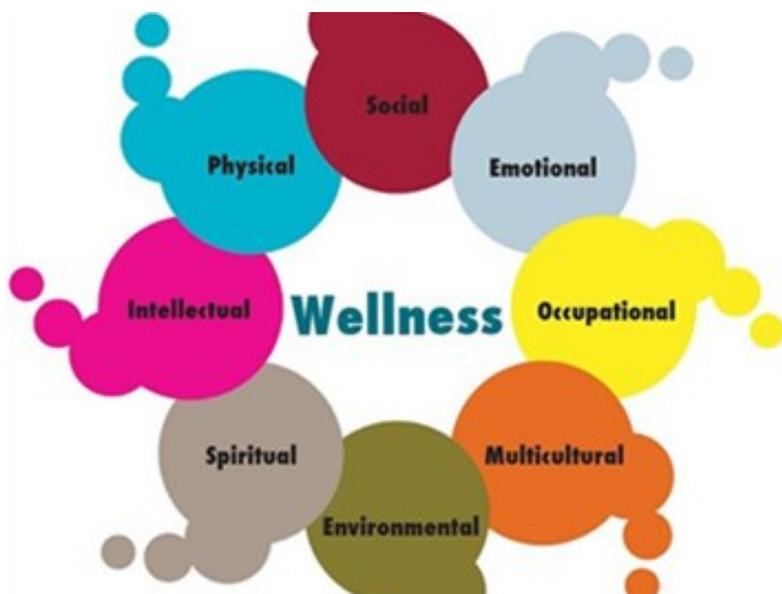
Mental Health Awareness Fun Day Supported a Great Plains Systems of Care sponsored day of fun for kids in our communities.

CHAT Bags and Blankets Project to reduce trauma in the lives of DHS custody children

Community Baby Shower collaboration with the U.S. Public Health Services in their efforts to provide needed supplies to the infants in Custer County

Christmas Caring and Sharing CHAT provided hot beverages and snacks for families participating in this community project.

CHAT seeks to participate in various health related activities and to actively promote a healthy community.



Partnership Priorities

Alcohol and Drug Abuse
Teen Pregnancy
Poor Diet and Inactivity
Child Abuse and Neglect
Tobacco Use

Coalition Contact information:

*Patty Adams, Chair
Custer County Health Department
3030 Custer Avenue
Clinton, OK 73601*

Dennie Christian, RTPC

Mission Statement

Creating partnerships to educate, support, and empower communities to promote healthy lifestyles.

VISION Statement

CHAT exists to promote the welfare of all families in Custer County by providing opportunities for growth through the collaboration of community resources.

“CHAT has brought together like-minded people and organizations who believe in the mission to educate, support, and empower communities to promote healthy lifestyles. Together, as a unified voice, we can increase options and decrease barriers to wellness in Custer county. ”
 — ***Patty Adams, Chair***

Activites

- Community Baby Shower
- Prescription Drug Abuse Presentations
- QUIT-NOW Kits
- Mental Health Awareness Carnival
- Blanket Distribution for DHS Foster Children
- Sibs Workshop
- Sharing & Caring Christmas Day
- Blue Ribbon Day
- County Survey

Outcomes/Impacts

Tobacco Prevention (WOTCC)

Southwestern Oklahoma State University, 24/7 Tobacco Free to include Electronic Cigarettes

Certified Healthy Businesses

- Clinton Indian Health Center
- Custer County Health Departments
- Weatherford Hospital Authority

Alcohol and Drug Abuse

- Reward Reminder Visits
- Alcohol Compliance Checks

Systems of Care

Wrap Around Services 20 Clients

Partnerships

- CASA
- Clinton Public Schools
- Custer County Health Department
- Encompass Home Health
- Grace Living Centers
- Oklahoma Department of Human Services
- Oklahoma Department of Mental Health and Substance Abuse
- Oklahoma Health Care Authority
- Oklahoma Systems of Care
- Oklahoma Turning Point
- Oklahoma Commission on Children and Youth
- Red Rock Regional Prevention Coordinator
- Southwestern Oklahoma State University
- Weatherford Police Department
- Weatherford Regional Hospital
- Western Oklahoma Tobacco Control Coalition

FUNDING

- Oklahoma Commission on Children and Youth Board Operations**
- Oklahoma Systems of Care**
- Oklahoma Tobacco Settlement Endowment Trust as part of the Western Oklahoma Tobacco Control Coalition**
- Oklahoma Department of Mental Health & Substance Abuse Specific Prevention Framework/State Incentive**

