COOL IT DOWN

135°F - 70°F within 2 hours

70°F - 41°F within 4 hours  (maximum 6 hours)

METHODS:
• Shallow pans
• Place in refrigerator
• Leave uncovered
• Chill ice sticks
• Ice bath
• Ice

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冷藏

135°F - 70°F
can be maintained for 2 hours

70°F - 41°F
can be maintained for 4 hours (maximum 6 hours)

冷藏方法:

- 浅盘
- 放入冰箱
- 不遮盖
- 冰条冷藏
- 冰浴
- 冰

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