

Attachment L: Community Themes and Strengths Focus Group Results

What in Canadian County is contributing to poor health rankings?

- Not all schools in Canadian County have adopted a 24/7 tobacco free policy
- Too many fast food restaurants
- Drugs/alcohol/tobacco use
- Lack of sex education/health education/hand washing
- Lack of community center offering community wide events (free)
- Lack of sidewalks
- Pedestrian and bicycle safety
- Lack of neighborhood pools/parks
- Lack of breastfeeding support
- Lack of health care choices
- Lack of resources
- Weather
- Cost of health care and access
- Not enough housing (affordable; emergency)
- Lack of specialist
- Not user friendly websites
- Safety(crime , improve lighting, improve tornado sirens—not loud enough)
- Transportation
- \$ assistance for single families

What does a healthy Canadian County look like?

- Public Transportation
- Local support groups for kids, parents, military parents, schools and IEP's
- Information sheets.... examples: ADD/ADHD
- Free of trash
- More physical activities or regular community activities
- Better communication between parents and providers
- Resource guide (2-1-1 resources)
- Grandparents raising grandchildren resources including respite care (childcare)
- Sidewalks connecting communities and schools
- Parks
- Outdoor activities
- Smoke free
- Family oriented
- Bicycle and walking lanes
- Breastfeeding friendly
- No crime
- No sex offenders
- Neighborhood watch
- More stop signs
- No child abuse
- No racial profiling

- Better law enforcement
- Community forums/town hall meeting-more community involvement
- Low income housing
- More job opportunities
- More computer access
- More community baby showers
- Smaller city limits

What is working in Canadian County?

- Breastfeeding support groups
- Active community centers
- Community baby shower
- Parks
- Some tobacco free places
- TANF program
- Health Dept services
- More resources than other states

Next Steps:

- Finding ways to have healthier food options such as a farmers market and zoning policies
- Offering healthy cooking classes through OSU extension while having childcare available
- Breastfeeding support from local hospitals and physicians
- GRANTS
- More focus groups
- Be healthy
- Better Communication efforts:
 - Cable network
 - Use of a newsletter at grocery stores
 - School
 - Community web site

Ways to get information out to the public?

- Door to door
- TV news
- DHS
- Flyers "everywhere"
 - DHS
 - Schools
 - Daycares
 - Headstarts
 - Libraries
 - Gas stations
 - Convenience stores