

The logo for 'eventful' is displayed in white lowercase letters on a solid blue rectangular background.

## **Wagon Wheel Trail Run 2014**

The Second Annual Wagon Wheel Trail Run will be held on Saturday, October 25, 2014, at Lake Frederick, near Manitou, OK. This year the Trail Runs will feature both a 5k and a 14k race.

This race is being held to promote health and fitness in Tillman County & Southwest OK and is part of the "Fitness in Action" Series.

Lake Frederick offers camping, picnicking and many other activities. Concessions and lunch will also be available and there will be free fun fitness based activities for kids.

We hope you can join us after the Wagon Wheel Trail Runs for the Okiefest! This downtown music festival will be held on the corner of 9th and Grand in Frederick. Live entertainment and festivities begin at 6pm. To learn more go to [http://frederickchamber.org/upcoming\\_events.html#ww](http://frederickchamber.org/upcoming_events.html#ww).

This event is sponsored by the Frederick Chamber of Commerce and The Tillman County Youth & Community Coalition.

If you have questions or need more information, please visit [www.frederickwagonwheel5k.com](http://www.frederickwagonwheel5k.com) or contact Ben Crawford at (580) 335-4397 or [info@frederickwagonwheel5k.com](mailto:info@frederickwagonwheel5k.com).