

LIVE WELL: OSU Prevention Programs manages seven wellness grants

Oklahoma State University Prevention Programs manages seven grants with offices in Stillwater, Bristow and Okmulgee. The programs contribute to OSU's land-grant outreach mission by serving seven counties with prevention grants.

OSU Prevention Programs has two Tobacco Settlement Endowment Trust grants, four Oklahoma Department of Mental Health and Substance Abuse Services grants and one federal grant from the Substance Abuse and Mental Health Services Administration. All of the grants are aimed at making Oklahoma healthier using evidence-based environmental strategies within local communities.

The two TSET grants focus on tobacco prevention. One TSET grant is located in the Stillwater office and focuses on Payne County. Initiatives supported by the TSET grant include Students Working Against Tobacco youth groups, tobacco-free schools, tobacco-free businesses, tobacco-free multi-unit housing, tobacco-free city property/parks and Oklahoma Tobacco Helpline promotion.

The grant works through the Payne County Live Well Coalition, formerly the Mayor's Wellness Committee and Payne County Breathe Easy Coalition. Stillwater also has a committee of the coalition called the Stillwater Live Well Coalition. Please contact the OSU Prevention Programs Stillwater office for more information or meeting times at 405-780-7309.

The four ODMHSAS grants focus on alcohol, prescription drug and tobacco prevention. Two of the ODMHSAS grants are in the Stillwater office serving Payne County, while one grant also serves initiatives in Noble, Pawnee, Kay and Osage counties. One grant focuses on underage drinking in Payne County with a focus on the OSU student population. The other grant helps provide alcohol compliance checks with local law enforcement, tobacco compliance checks, responsible beverage sales and service training, site assessments for retail establishments, prescription drug take back days, proper disposal of prescription drugs and facilitates Too Much To Lose youth groups. For more information on coalition meeting times or information regarding programming or setting up trainings for alcohol servers, please contact the OSU Prevention Programs Stillwater office at 405-780-7485.

A TSET grant is located in Creek County. The other ODMHSAS grants cover Creek and Okmulgee counties. The lone SAMHSA grant focuses on Okmulgee County. All cover similar issues to the grants out of Stillwater.

A total of 48 TSET grants are funded for either tobacco or nutrition and fitness statewide in Oklahoma.

A total of 34 grants are funded through ODMHSAS doing similar activities across the state of Oklahoma, broken into 17 regions. SAMHSA funds 15 programs throughout Oklahoma that are similar to the grant funded for Okmulgee County.

For more information about OSU Prevention Programs or their grant initiatives, please contact: 405-780-7485 or visit online at: <http://wellness.okstate.edu/sponsored-programs/prevention-programs>.