

Okmulgee students take on the Food Revolution challenge

OSUIT Culinary Art students with the assistance of the Okmulgee County Wellness coalition worked together today to provide some healthy food choices for the Okmulgee High School students.

Monday afternoon at lunch time the OSUIT students prepared samples of various fruits and vegetables that students may or may not have had before.

"We are trying to start a food revolution," Chef Aaron Ware said. "We want to give them some new ideas that may not exist in their diets and help them to make some healthier choices and incorporate more fruits and vegetables in their meals."

Representatives of the Okmulgee Wellness Coalition assisted in taking surveys to see how students rated each food and took time to visit with the students.

Okmulgee High School students enjoy sampling different fruits and vegetables offered by OSUIT Culinary Art students

