



Posted: Tuesday, April 2, 2013 12:15 am

### **Trail activities slated throughout this week**

The Muskogee Wellness Initiative, in cooperative with Muskogee County Turning Point, has declared April 1-7 as "Walk, Run or Ride the Trails Week," according to a media release.

The purpose is to encourage Muskogee residents and visitors to explore the trails throughout the city. Group activities are planned for each day, including walking, running and bicycling Muskogee's trails.

A full schedule of these group events is online at [muskogeehealth.org](http://muskogeehealth.org).