

Coordinated Approach to Child Health (CATCH)

Dear Parents:

As previously communicated, our school is taking part in the Coordinated Approach to Child Health (CATCH) program sponsored by the Oklahoma State Department of Health (OSDH). The curriculum uses a variety of education strategies, including large group discussions, educational games and activities, goal setting, hands-on snack preparation, and taste-testing. Parental involvement is encouraged and appreciated.

Evaluating the effects of this program is very important. OSDH will monitor and evaluate the success and fidelity of the program statewide to ensure that this program is progressing to reach the ultimate goal of reducing the risk of obesity in participating students.

Attached is a parent survey to evaluate the effects of the CATCH program. We would like all parents of students in Kindergarten through 5th grades to take part in this survey, **but the CATCH Parent Survey is voluntary**. The following apply to this survey:

- Participating in this survey will cause no risk to you or your child.
- The survey has been designed to protect you and your child's privacy.
- No parent or student will ever be mentioned by name in a report of the results.
- There is no cost to you or your child for completing this survey.
- Neither you nor your child will receive a financial benefit from taking part in this survey.
- No action will be taken against you or your child if you do not take part in this survey.
- You can skip any questions that you do not wish to answer.

Additionally, the results of the evaluation of the CATCH program may help children in the future as more grant funding may be acquired. If you consent to participate, please complete the attached survey and return it to your child's teacher.

Coordinated Approach to Child Health (CATCH) Parent Survey

Elementary School: _____ School Year: _____

1. Please list the number of children you have in each grade during this school year.

Kindergarten _____ 2nd grade _____ 4th grade _____
 1st grade _____ 3rd grade _____ 5th grade _____

2. Before today, did you know that the school used the Coordinated Approach to Child Health (CATCH) Program?

Yes No

3. What information has your child shared with you about the CATCH program? (Select all that apply.)

- | | |
|--|---|
| <input type="checkbox"/> My child did not share anything about CATCH with me | <input type="checkbox"/> Healthy snacks that he or she prepared and ate |
| <input type="checkbox"/> The importance of a healthy diet | <input type="checkbox"/> CATCH games and activities that he or she played |
| <input type="checkbox"/> The importance of physical activity | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> How to read a food label | |

4. What CATCH materials have you received from the school? (Select all that apply.)

- | | |
|---|---|
| <input type="checkbox"/> The school has not shared any CATCH materials. | <input type="checkbox"/> Activity cards |
| <input type="checkbox"/> Fact sheets or tip sheets | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Parent letters or newsletters | |

5. Where have you noticed any healthy signage around the school? (Select all that apply.)

- | | |
|---|--|
| <input type="checkbox"/> I have not noticed any healthy signage | <input type="checkbox"/> In my child's classroom |
| <input type="checkbox"/> Outside | <input type="checkbox"/> In the gym or PE room |
| <input type="checkbox"/> In the office | <input type="checkbox"/> In the cafeteria |
| <input type="checkbox"/> In the foyer or hallways | <input type="checkbox"/> Other _____ |

6. Has your family done any of the following as a result of the CATCH program? (Select all that apply.)

- | | |
|--|---|
| <input type="checkbox"/> Tried a new grocery item | <input type="checkbox"/> Completed CATCH Activity Cards |
| <input type="checkbox"/> Prepared any of the CATCH healthy snacks | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Played any of the CATCH games or activities | |

7. Comments: _____

Please return this completed survey to your child's teacher.