

Coordinated Approach to Child Health (CATCH) Evaluation Consent Instructions

It is the responsibility of the elementary school site to adhere to the following guidelines regarding the CATCH In-School Program Evaluation Consent:

1. Please fill in the elementary school name and school year on the attached evaluation consent form **prior to distribution**.
2. Please distribute the Evaluation Consent to the parent(s) of all children in grades K-5 **prior to the program initiation of each school year**.
3. The elementary school shall allow at least **one week** for the parents to return the evaluation consent form.
4. Any forms that are not returned before the first day of data collection will result in those children being **automatically included** in the evaluation component of the CATCH In-School program.
5. If the form is returned indicating that the **parent(s) objects to the child being included in the evaluation component**, the elementary school shall maintain a copy of the form on file and submit the original form to the Oklahoma State Department of Health.
6. The elementary school shall keep records of all consent forms returned (including copies of the forms indicating non-consent) for **three years**.
7. Any questions regarding the evaluation consent process or forms should be directed to the CATCH program representatives:

Oklahoma State Department of Health – CATCH Program:

405-271-6127 (phone)

405-271-1225 (fax)

1000 NE 10th Street, Room 508

Oklahoma City, OK 73117

<http://catch.health.ok.gov>

Coordinated Approach to Child Health (CATCH) Evaluation Consent

Elementary School: _____

School year: _____

Dear Parents:

Our school is taking part in the Coordinated Approach to Child Health (CATCH) program sponsored by the Oklahoma State Department of Health (OSDH). The curriculum uses a variety of education strategies, including large group discussions, educational games and activities, goal setting, hands-on snack preparation, and taste-testing. Parental involvement is encouraged and appreciated.

Evaluating the effects of this program is very important. OSDH will monitor and evaluate the success and fidelity of the program statewide to ensure that this program is progressing to reach the ultimate goal of reducing the risk of obesity in participating students.

A student survey will be administered to Kindergarten through 5th grade students. The survey consists of the following:

- Your child's name, age, date of birth, and gender. However, ID numbers will be assigned to keep student identification confidential.
- Questions about the nutrition and physical activity behaviors, knowledge, and attitudes of the students
- Height & Weight collection to determine if any changes are occurring throughout the program. These measurements will be collected in centimeters (height) and kilograms (weight) and will not be disclosed to anyone other than the person(s) collecting the data and the evaluator at OSDH.

An observation will also take place at our school. Staff from OSDH will observe various classrooms, PE classes, and lunch periods that might include your child. These observations are not to monitor the children but to assess the implementation and fidelity of the program. Individual student information will not be collected or evaluated during the site visits.

Participating in the evaluation component of the CATCH program will cause little or no risk to your child. The evaluation components have been designed to protect your child's privacy. No student will ever be mentioned by name in a report of the results. There is no cost to you or your child for participating in the evaluation. Your child will receive no financial benefit from taking part in the evaluation. The CATCH program will help your child to identify and understand the benefits of lower-fat, higher fiber foods as the most healthful foods to eat and regular active exercise as the most healthful physical activity. Additionally, the results of the evaluation of this program will help children in the future as more grant funding may be acquired. We would like all students in Kindergarten

through 5th grades to take part in the evaluation of the program, **but the CATCH evaluation component is voluntary.**

No action will be taken against the school, you, or your child, if your child does not take part in the evaluation component. Your child can skip any questions or measurements that they do not wish to answer or participate in. If you wish to withdraw your child from the CATCH evaluation component at any time, please notify your child's teacher directly.

Please read the section below. If you do **not** want your child to take part in the evaluation component, check the corresponding box below and return this form to the school no later than **one week from receiving this notice**. If your child is enrolled in the school after this date, this form must be signed and returned before your child's first day of after-school if you do **not** want them to participate in the CATCH evaluation component. If your child's school cannot answer your questions about the evaluation, contact the Oklahoma State Department of Health (OSDH) at (405) 271-6127.

Elementary School: _____

School year: _____

Child's name: _____

Teacher: _____ Grade: _____

Please Check One Option:

[] My child **may** take part in the evaluation component of the CATCH program.

[] My child **may not** take part in the evaluation component of the CATCH program

Note: If this form is not returned before the first day of data collection, your child will be **automatically included** in the evaluation component of the CATCH program.

Parent's signature: _____

Parent's printed name: _____

Date: _____

Phone number: _____