

Here's something new we will try:

---

---

---

---

---

---

# Baby Play!

## AGES 7 TO 11 MONTHS



Hi, Folks!  
I'm your baby—  
and playing with you is  
the best part of my day!

Playing will develop my brain  
and body—and make me  
fall in love with you!

Here are some ways we  
can play.



This pamphlet was developed by: Louisiana Department of Health and Hospitals, Office of Public Health Supplemental Nutrition Program for Women, Infants, and Children (WIC), P.O.Box 60630, New Orleans, LA 70160

This institution is an equal opportunity provider:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410  
Fax: (202) 690-7442; or Email: program.intake@usda.gov.

Find us on  



This publication was issued by the Oklahoma State Department of Health (OSDH), an equal opportunity employer and provider. 10,000 copies were printed by OMES | Central Printing at a cost of \$1,100. A digital file has been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries in compliance with section 3-114 of Title 65 of the Oklahoma Statutes and is available for download at documents.ok.gov. | Issued January 2020 | 19400WIC | ODH No. P1201 |



## I'm 7, 8 and 9 months old!



I love to play with you every day! Time with you means more to me than toys. I like being on the floor or outside on the grass. I like to crawl and explore.

### I like:

- using a small cup
- eating with my fingers
- splashing and playing in the bath
- hugs and cuddles
- games like peek-a-boo and patty-cake

### I also like to:

- bang on a pot with a spoon
- stand on your lap and bounce gently
- pull to a stand, holding your fingers
- pick things up and drop them
- go for a horsey ride on your knee or ankle

### Let's get into a routine of reading!

I like:

- nursery rhymes
- pictures of animals, toys, and children
- family photo albums



I like toy phones, blocks, balls, soft dolls and animals, mixing spoons, plastic cups, pots and pans, paper cups, and empty boxes.

## I'm 10 and 11 months old!

Wow—Look at me! I can crawl and I can pull myself up to stand! Maybe I can even walk if I hold on to something.

I need a safe place to practice because I fall a lot. Watch me all the time—but please let me be active. I need to keep trying to do new things.

My toys should not have rough edges or small parts. They need to be too big for me to swallow and too tough to break.



### I like:

- having you read to me
- playing with kitchen things
- sitting on the floor and rolling a ball back and forth with you
- toys that help me sort shapes

### Please let me:

- drop things
- explore
- bang things together and shake them
- put things in containers
- feed myself finger foods
- use my cup

