

This chart shows the *minimum number* of diapers for most babies.  
It is fine if your baby has more.

During First 4 Weeks	Number of Breastfeedings	Number of Wet Diapers	Number of Dirty Diapers
Day 1	8-12	1 or more	At least 1
Day 2	8-12	3 or more	At least 3
Day 3	8-12	3 or more	At least 3
Day 4	8-12	4 or more	At least 3
Day 5	8-12	4 or more	At least 3
Days 6-28	8 or more	6 or more	At least 3

- Dirty diapers may be liquid or soft and will change from black to yellow.
- If your baby is still having black stools on day 4 or 5, call your healthcare provider.
- If your baby does not have a dirty diaper for more than 24 hours, call your healthcare provider.
- The number of dirty diapers may decrease after 4-6 weeks.

**Babies should regain their birth weight by 14 days of life.**