

alcohol and other drug use

OKLAHOMA YOUTH RISK BEHAVIOR SURVEY (YRBS) - 2011 RESULTS

What is the problem?

The 2011 Oklahoma Youth Risk Behavior Survey indicates that among high school students:

Alcohol

- 71% had at least one drink of alcohol on one or more days during their life.
- 19% had their first drink of alcohol, other than a few sips, before the age of 13.
- 38% had at least one drink of alcohol on one or more of the 30 days before the survey.
- 23% had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the 30 days before the survey.

Other Drugs

- 36% used marijuana one or more times during their life.
- 19% used marijuana one or more times during the 30 days before the survey.
- 17% were offered, sold, or given an illegal drug by someone on school property during the 12 months before the survey.

What are the solutions?

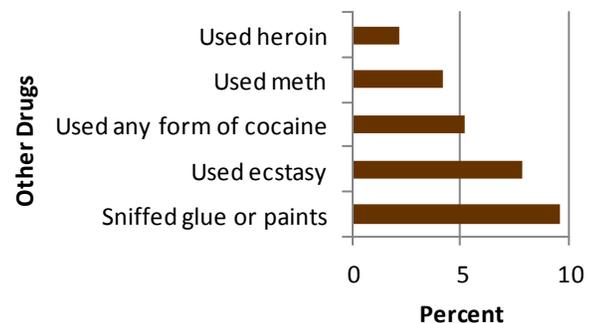
- Reduce youth access to alcohol and drugs by supporting local and state policies that restrict easy availability to adolescents.
- Train and utilize peer leadership groups, such as Students Against Destructive Decisions (SADD), 2Much2Lose (2M2L), and others.
- Educate parents and community members about adolescent development and the effects of alcohol and drug use.
- Support enforcement of underage drinking laws such as "Social Host" and retailer compliance policies.
- Implement evidence-based prevention programs such as AlcoholEdu¹ for high schools.
- Encourage schools to participate in surveys, such as the YRBS and the Oklahoma Prevention Needs Assessment, that assess risk-taking behaviors among youth.

1. AlcoholEdu is an online alcohol prevention program designed to challenge students' expectations about alcohol while enabling students to make healthy and safe decisions.

Females...

were significantly more likely than males to have had the alcohol they drank given to them by someone else

Students Who Used Other Drugs During Their Life: Oklahoma YRBS 2011



One in Five...

students had taken a prescription drug without a doctor's prescription one or more times during their life

For more information contact the Maternal and Child Health Service, MCH Assessment at (405) 271-6761 or visit URL: <http://yrbs.health.ok.gov>