Alcohol and other drug use
Among Oklahoma Public High School Students

What is the problem?
The 2015 Oklahoma Youth Risk Behavior Survey indicates that among public high school students:

**Alcohol Use**
- 64% have ever drank alcohol
- 15% drank alcohol for the first time before 13 years of age
- 27% drank alcohol during the 30 days before the survey
- 17% drank five or more drinks in a row within a couple of hours during the 30 days before the survey

**Other Drug Use**
- 32% have ever used marijuana
- 17% used marijuana during the 30 days before the survey
- 14% have ever taken prescription drugs without a doctor’s prescription
- 15% were offered, sold, or given an illegal drug on school property during the 12 months before the survey

What are the solutions?
- Reduce youth access to alcohol and drugs by supporting local and state policies that restrict easy availability to adolescents
- Train and utilize peer leadership groups, such as Students Against Destructive Decisions (SADD), 2Much2Lose (2M2L), and others
- Educate students on the harmful effects alcohol has on their maturing minds and bodies and the consequences that could affect their future plans.
- Educate parents and community members about adolescent development and the effects of alcohol and drug use
- Support enforcement of underage drinking laws such as “Social Host” and retailer compliance policies
- Encourage schools to participate in surveys, such as the Youth Risk Behavior Survey (YRBS) and the Oklahoma Prevention Needs Assessment, that assess risk-taking behaviors among youth

For more information contact the Maternal and Child Health Service, MCH Assessment at (405) 271-6761 or visit URL: http://yrbs.health.ok.gov

Funding for the YRBS is provided in part by the CDC and the Maternal and Child Health Services Title V Block Grant, Maternal and Child Health Bureau, Department of Health and Human Services. The Oklahoma State Department of Health (OSDH) is an equal opportunity employer. This publication is issued by the Oklahoma State Department of Health, as authorized by Terry Cline, Ph.D., Commissioner of Health. Copies have not been printed but are available for download at http://yrbs.health.ok.gov.