Oklahoma Lactation Consultant

Resource Guide

2018

Information updated September 2018.

A section for breastfeeding classes and support groups has been added.

An electronic version of this guide is available on the Oklahoma State Department of Health Breastfeeding Information and Support website at http://bis.health.ok.gov and the Coalition of Oklahoma Breastfeeding Advocates (COBA) website at www.okbreastfeeding.org

The Oklahoma Lactation Consultant Resource Guide has been designed to inform you of International Board Certified Lactation Consultants who are available to assist nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

We have made every effort to include accurate information in this guide. If your name or facility is not listed or the information is inaccurate, please contact us to make this correction.

Send updates and corrections to:

Halie Summers
Oklahoma State Department of Health
WIC Service
2401 NW 23rd Street, Suite 70
Oklahoma City, OK 73107-2475
Fax: 405-271-5763
Email: HalieS@health.ok.gov

DISCLAIMER

The Oklahoma State Department of Health has made efforts to supply current and accurate information. However, no guarantee is made regarding the content of this publication, especially as information might be altered by forces beyond the control of OSDH.
An **International Board Certified Lactation Consultant** (IBCLC) is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs are certified by the International Board of Lactation Consultant Examiners, Inc. (www.iblce.org) under the direction of the U.S. National Commission for Certifying Agencies. IBCLCs work in a wide variety of health care settings, including hospitals, pediatric offices, public health clinics, and private practice.

**How to use this Oklahoma Lactation Consultant Resource Guide…**

- To find a lactation consultant, breastfeeding class, or support group in your area, use the regional area map below.
- Contact information is listed per regional area.

**Regional Areas of Oklahoma**

- OK City
- South West
- North East
- South East
- North Central
1-877-271-MILK (6455) OKLAHOMA BREASTFEEDING HOTLINE

We are pleased to provide the Oklahoma Breastfeeding Hotline.
The hotline is available free of charge to nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

- 7 days a week, 24 hours a day
- Staffed by International Board Certified Lactation Consultants (IBCLCs) - OU Medicine Lactation Team
- Supported by Oklahoma State Department of Health (OSDH) Maternal and Child Health (MCH) Service, OU Medical Center, and OU Health Sciences Center OB/GYN Department

Callers may leave a message for a return call that day.
For urgent issues, the IBCLC on call may be paged.

Accurate, up-to-date information for common breastfeeding issues:

- Not making enough milk
- Baby refusing to nurse
- Breast or nipple pain
- Medications and breastfeeding
- Working and breastfeeding
- Breast pumps
- Breastfeeding in public
- Weaning

Referrals to:

- Women, Infants, and Children (WIC) Programs
- Outpatient lactation services available in Oklahoma
- La Leche League breastfeeding support groups
- Breast pump rental locations
- Milk banks for mothers’ milk donations

*Please note that the hotline cannot provide a medical diagnosis. All medical questions should be directed to a health care provider.

1-877-271-MILK (6455) OKLAHOMA BREASTFEEDING HOTLINE
Breastfeeding Classes and Support Groups

Oklahoma City Area

**Baby Basics (Prenatal Class)**
SSM St. Anthony Hospital - Shawnee
405-395-5230
1102 West McArthur
Shawnee, OK 74804
Leaders: Rachelle Marker and Kristi McDonald
Email: Charli.Hull@ssmhealth.com

**Basic & Beyond Breastfeeding Class**
405-250-9279 or 405-819-4904
921 N. Flood
Norman, OK 73069
Leaders: Dee Dee Grayson, CLC; Danielle Lugrand, CLC
Email: deedoula4u@gmail.com or daniellelugrandclc@gmail.com

**Basics of Breastfeeding**
Mercy Hospital Breastfeeding Class
405-755-1515 or 405-936-5773
4300 W. Memorial Road
Oklahoma City, OK 73120
Leaders: Allison Quiroz; Anita Wingfield
Email: Allison.quiroz@mercy.net or anita.wingfield@mercy.net

**Breastfeeding Basics**
OU Medical Systems
405-271-6455
Leader: Samantha Brasses, BS, IBCLC, RLC
Have access to interpreters

**Breastfeeding Classes & Infant Care Classes**
405-261-6274
Leader: Ashley Barrett, IBCLC, RLC
Organization’s name: Nurturing Bonds, LLC
Specialty: Infant sucking disorders
Locations and times vary
Email: Ashley@nurturingbonds.com
Website: www.nurturingbonds.com

**Milk Bar Lactation Support Group**
Lakeside Women’s Hospital
405-936-1568
11200 N. Portland Avenue
Oklahoma City, OK 73120
Leaders: IBCLC
Location: 1st Floor Conference room
Hours: 12:30 p.m. – 3:30 p.m., Fridays only
Breastfeeding USA
Edmond Chapter
405-513-1494
Leader: Zonna Franklin
Email: zonna.franklin@breastfeedingusa.org
Location: Hackney Chiropractic, 408 S. Santa Fe Ave., Edmond, OK
Hours: 10:00 a.m., 3rd Saturday monthly

Breastfeeding USA
Oklahoma County Chapter
405-651-2880
Leader: Nikki Cagle
Meeting locations vary
Email: Nikki.c@breastfeedingusa.org

Childbirth (Prenatal Class)
SSM St. Anthony Hospital - Shawnee
405-395-5230
1102 West McArthur
Shawnee, OK 74804
Leaders: Jacklyn Cantrell, RN; Danielle Lomeli, RN; Polly Aldridge, RN
Email: Charli.Hull@ssmhealth.com

COBA Baby Café (Oklahoma City)
405-701-5099
4400 NW Expressway
Oklahoma City, OK 73116
Leaders: Jessica Halley, IBCLC, CLC; Farah Mayberry, OT R/L, CLC
Organization’s name: Coalition of Oklahoma Breastfeeding Advocates
Website: www.okbreastfeeding.org

Innovations PCfit LLC
Breastfeeding Essentials for Home or Hospital Births
918-357-5169
Oklahoma City, Tulsa and surrounding areas
Leader: Montika Collins, BS, BSN, RN, CLC, IBCLC, RLC
Email: pcfitllc@gmail.com

Integris Southwest Prenatal Breastfeeding Class
405-644-5242
4401 S. Western
Oklahoma City, OK 73109
Leader: Cindy Laney, RN, IBCLC
Organization’s Name: Integris Southwest
Email: Cindy.laney@integris.ok.com
Latch: Breastfeeding Basics
405-356-MAMA (6262)
1745 NW 16th Street
Oklahoma City, OK 73106
Leaders: Jessica Halley, IBCLC, CLC; Farah Mayberry, CLC; Taryn Goodwin, CLC
Organization’s name: Thrive Mama Collective
Email: info@thrivemamacollective.com

La Leche League of Cleveland County Families
405-673-4788
Leader: Sandy Moore-Furneaux
For more information email: LLLSandy@yahoo.com

La Leche League of Edmond
14901 N Kelley Ave #102
Edmond, OK 73013
Leaders: Caiti Hanks, LLLL; Jessica Halley, LLLL
Organization’s name: La Leche League USA
Hours: 2nd Tuesday 10 a.m. – 12 p.m.
Email: lalecheleagueofedmond@gmail.com
Website: www.lllok.com/edmond

La Leche League of Mustang/Yukon
Integris Canadian Valley Hospital
405-324-2653, 806-729-7804, 405-928-0903, 405-324-2122
1201 Health Center Parkway, Conference Room C
Yukon, OK 73099
Leaders: Alexis Boryca; Lindsay Crossley; Suzy Graham; Rebecca Keepers
Organization’ name: La Leche League International
Hours: 3:00 – 5:00 2nd Monday’s
Email: Idcrossley@gmail.com
Website: www.lllok.org/MustangYukon.html
For more information email: LLLOK.org

La Leche League Groups of Oklahoma
405-579-4667
1509 Oklahoma Avenue
Norman, OK 73071
Leader: Sandy Moore-Furneaux
For more information email: LLLOK.org

La Leche League of Shawnee
405-273-7345
Shawnee Public Library
101 N. Philadelphia
Shawnee, OK 74801
Leader: Marilyn Sears Lindsey
Organization’s name: La Leche League International
Hours: 10:00 a.m. – noon, 4th Tuesday (except on 3rd Tuesday in December)
Email: MJSLindsey@aol.com
Los Lazos de Lactancia  
Leader: Cyndi Garcia, IBCLC  
Organization’s Name: Los Lazos de Lactancia  
Email: loslazosdelactancia@outlook.com  
Find us on FB “Los Lazos de Lactancia”

Milk Moms OKC  
405-356-MAMA (6262)  
1745 NE 16th Street  
Oklahoma City, OK 73106  
Leaders: Jessica Halley, IBCLC; Farah Mayberry, CLC  
Organization’s name: Thrive Mama Collective  
Hours: 1st & 3rd Mondays 6 p.m. - 8 p.m., 2nd & 4th Wednesdays 11 a.m. - 1 p.m.  
Email: info@thrivemamacollective.com  
Website: www.thrivemamacollective.com

Mom to Mom Breastfeeding Support Group  
405-702-6988  
3530 N. MacArthur  
Oklahoma City, OK 73122  
Leader: Kristen Arambula Hernandez, Alexis Boryca, Cynthya Diaz  
Organization’s Name: NSO (Neighborhood Services Organization) WIC  
Email: kristenH@health.ok.gov  
Specialty: Spanish and English

Mother to Mother Breastfeeding Group  
405-354-4872  
1023 E. Vandament  
Yukon, OK 73099  
Leaders: Sara Devane, RD/LD, IBCLC; Tenayla Washington, BFPC  
Organization’s Name: Canadian County Health Department-Yukon  
Hours: 1:00 p.m. – 2:00 p.m., 3rd Thursday monthly

Mother’s Milk Community  
405-848-2330  
5120 N. Shartel Avenue  
Oklahoma City, OK 73118  
Leaders: Chandra Sterling, Nicole Beal, Lindi Gallegos, Morgan Harris  
Organization’s Name: Green Bambino  
Support group held 4 times a week at Green Bambino  
Email: GBMothersMilkGroup@gmail.com

Oklahoma Lactation Consultants Association (OKLCA)  
This is a professional support group for IBCLCs.  
President: Petra Colindres, MA, RDN/LD, IBCLC  
Email: oklahomalca@gmail.com
**Prenatal Breastfeeding Class**
The Children’s Hospital at OU Medical Center
405-271-5000
1200 Children’s Avenue
Oklahoma City, OK 73104
Contact: Trisha Pruden
Website: [www.oumedicine.com/womens/classes](http://www.oumedicine.com/womens/classes)
Enroll online at: [https://www.oumedicine.com/oumedicine/adult-services/women’s-health/pregnancy/prenatal-family-education-classes](https://www.oumedicine.com/oumedicine/adult-services/women’s-health/pregnancy/prenatal-family-education-classes)

**Prenatal Breastfeeding Classes**
SSM St. Anthony Hospital - Shawnee
Lactation office – 405-214-1556
1102 West McArthur
Shawnee, OK 74804
Leader: Charli Hull, RN, BSN, IBCLC and Brandi Blue, RN
Email: Charli.Hull@ssmhealth.com

**Prenatal Class**
Integris Health Edmond
405-951-2277
4801 Integris Parkway
Edmond, OK 73034
Leader: Becky Drevets, RNC, IBCLC
Email: Rebecca.Drevets@Integrisok.com

**Private Prenatal Breastfeeding Education Classes**
405-404-7087
OKC Metro Area
Leader: Jessica Halley, IBCLC, RLC, CLC
Email: okc.ibclc@gmail.com

**St. Anthony Breastfeeding Class**
St. Anthony Hospital
405-272-6207
1000 N. Lee
Oklahoma City, OK 73101
Leader: Karen Blackburn, RN, BSN, IBCLC
Email: Karen.Blackburn@ssmhealth.com

**Successful Breastfeeding Prenatal Education Class**
Integris Baptist Medical Center
3300 NW Expressway
Oklahoma City, Ok 73112
Leaders: Edna Overbey; Laurie Shofner
Website: [www.integrisok.com](http://www.integrisok.com)
To enroll call: 405-951-2277
The Milk Bar at Integris Canadian Valley Hospital
405-717-6900
1201 Health Center Parkway, Suite 101
Yukon, OK  73099
Leader: Connie Brasier, RN, IBCLC
Email: Connie.Brasier@integrisok.com
Meets: 12:30 – 3:30 pm every Wednesday in Guest Lounge 2nd Floor of Hospital

The Milk Bar at Integris Health Edmond
405-657-3250
4801 Integris Parkway
Edmond, OK 73034
Leader: Becky Drevets, RNC, IBCLC
Email: Rebecca.drevets@integrisok.com

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South West Area

Pregnancy Resource Center of Southwest Oklahoma
580-536-536-4040
319 “C” Avenue
Lawton, OK 73501
Director: Rita Willoughby
Instructor: Patsy Sanders, RN, BSN, IBCLC
Organization’s name: Pregnancy Resource Center
Email: patsykaysanders@juno.com  or staff@prclawton.org

Prenatal Breastfeeding Class
Comanche County Memorial Hospital
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Infant Feeding Resource Center
Leader: Michaelene (Mikki) Young, LPN
Hours: 7:00 p.m. – 9:00 p.m., 1st Thursday
Email: ctheyoungs7@live.com

The Breast Way
Duncan Regional Hospital
580-251-8830
1407 N. Whisenant
Duncan, OK  73533
Leaders: Paula Hancock, RN, IBCLC, Jess Ryans, RN, IBCLC
Email: Paula.Hancock@DuncanRegional.com
South East Area

Breastfeeding Class
580-916-9140 ext. 83854
1803 Chukka Hina
Durant, OK 74701
Leader: Erin James, IBCLC
Organization’s name: Choctaw Nation WIC Program
Anyone can attend; you do not have to be Native American or a WIC participant
Email: kejames@cnhsa.com

North East Area

Breastfeeding Classes
St. John Medical Center
918-744-0123
1923 S. Utica
Tulsa, OK 74104
Leader: Susan Reeder, BSN, RN, IBCLC
Email: pulseline@sjmc.org

Breastfeeding Class
Hillcrest Hospital South
918-294-4009
8801 S. 101st East Avenue
Tulsa, OK 74133
Leader: Connie Lovell, RN, IBCLC
Email: constance.lovell@hillcrest.com

Hillcrest Medical Center
918-579-8018
1120 South Utica Avenue
Tulsa, OK 74104
Contact: Karen Stockwell or Cheryl Coleman
Provide Breastfeeding Basics Class
Email: ecoleman@hillcrest.com or kstockwe@hillcrest.com

Innovations PCfit LLC
Breastfeeding Essentials for Home or Hospital Births
918-357-5169
Oklahoma City, Tulsa and surrounding areas
Meeting Locations vary
Contact: Montika Collins, BS, BSN, RN, CLC, IBCLC, RLC
Email: pcfitllc@gmail.com
Lactation Services of Northeast Oklahoma  
Hornet Healthcare – Dr. Mickey Tyrrell, MD  
803 N. Foreman Ste. 102  
Vinita, OK 74301  
918-256-2261 x 108  
Contact: Shana Hartley, RN, IBCLC  
Hours: 8:00 a.m. – 3:00 p.m., Monday – Friday 
Email: shana@hornethealthcare.com

Loving Support
918-367-8439 or 918-367-8027  
1808 S. Hickory  
Sapulpa, OK 74066  
Leaders: Alexandra Strawn; Samantha Givings WIC Breastfeeding Peer Counselors  
Organization’s Name: Creek County Health Department  
Specialty: Spanish and English 
Email: alexandras@health.ok.gov and samanthag@health.ok.gov

Loving Support
918-367-8439 or 918-367-8027  
408 W. 4th  
Bristow, OK 74010  
Leaders: Alexandra Strawn; Samantha Givings WIC Breastfeeding Peer Counselors  
Organization’s Name: Creek County Health Department  
Specialty: Spanish and English  
Email: alexandras@health.ok.gov or samanthag@health.ok.gov

Mom & Baby Talk
THD Central Regional Health Center  
918-582-9355  
315 S. Utica Avenue  
Tulsa, OK 74104-2203  
Leaders: Patricia Easton; WIC Breastfeeding Peer Counselors  
Languages: English and Spanish  
Email: peaston@tulsa-health.org  
Please call for times and dates of classes & support groups; only open to WIC participants.

Mom & Baby Talk
THD Mingo 21  
918-582-9355  
9924 East 21st Street  
Tulsa, OK 74129-1606  
Leaders: Patricia Easton; WIC BreastfeedingPeer Counselors  
Languages: English and Spanish  
Email: peaston@tulsa-health.org  
Please call for times and dates of classes & support groups; only open to WIC participants.
Mom & Baby Talk
THD South
918-582-9355
6831 South Peoria
Tulsa, OK  74136
Leaders: Patricia Easton; WIC Breastfeeding Peer Counselors
Languages: Burmese/Zomi
Email: peaston@tulsa-health.org
Please call for times and dates of classes & support groups; only open to WIC participants.

Mom & Baby Talk
THD James O. Goodwin Health Center
918-582-9355
5051 South 129th East Avenue
Tulsa, OK 74134
Leaders: Patricia Easton; WIC Breastfeeding Peer Counselors
Languages: English and Spanish
Email: peaston@tulsa-health.org
Please call for times and dates of classes & support groups; only open to WIC participants.

Outpatient Lactation Clinic
Saint Francis Hospital
918-494-MILK
6161 S. Yale Avenue
Tulsa, OK 74136
Contact: Tina Smith, RNC, BSN, IBCLC
Hours: 9:00 a.m. – 4:30 p.m., Monday - Friday
Email: twsmith@saintfrancis.com

Prenatal Breastfeeding Classes
Saint Francis Hospital – Breastfeeding Basics
918-494-BABY
6161 S. Yale Avenue
Tulsa, OK 74136
Register for classes on-line - www.saintfrancis.com
Leader: Aimee Hansen, RN, BSN, CCE
Hours: Two 2-hour sessions per month
Email: avhansen@saintfrancis.com

Saint Francis Hospital South Breastfeeding Basics
918-494-2229
10501 E 91st Street South
Tulsa, OK 74133
Leader: Aimee Hansen, RN, BSN, CCE
Hours: One Sunday afternoon per month, 1:30 p.m. – 5:30 p.m.
Email: avhansen@saintfrancis.com
North West Area

Childbirth, Infant Care and Breastfeeding Education Class
Alliance Health Woodward
580-254-8654
900 17th Street
Woodward, OK 73801
Leader: Sierra D. Elsey, RN, BSN, BSHS, IBCLC
Hours: Call for appointment
Email: Sierra.Elsey@MyAllianceHealthOK.com
Oklahoma City Area

Private Practice

Comprehensive Lactation Consulting, LLC
Private Practice
405-863-4461
Holly Frantz, BSN, IBCLC
Visits: Home visits within 40 mile radius
Specialty: Newborn – 4 years
Email: morethanmilk@hayoo.com

In Bloom Lactation Services
Private Practice - NW OKC area
405-464-7108
6621 Sandlewood Drive
Oklahoma City, OK 73132
Paula Bloom RN, IBCLC, RLC
Visits: Inpatient, Outpatient
Specialty: Infants
Medicaid Provider
Email: bloomlactation@gmail.com

Jaclyn Huxford, BS, IBCLC
Private Practice
512-971-6408
Edmond Birthing Center
14901 N Kelley Ave #102
Edmond, OK 73013
Visits: Inpatient
Specialty: Newborn/Infant
Email: jaclynhuxfordibclc@gmail.com
Website: http://jaclynhuxfordibclc.weebly.com/

Jessica Halley, IBCLC
Private Practice
405-404-7087
1745 NW 16th Street
Oklahoma City, OK 73106
Visits: Inpatient, Outpatient and Home visits within 35 mile radius
Hours: Please call to schedule an appointment
Specialty: Birth-2 years
Email: okc.ibclc@gmail.com
Website: www.jessicahalley.com
Love 2 Nurse Lactation Clinic
Private Practice
405-265-8897
5120 N Shartel Ave
Oklahoma City, OK 73118
Sarah Devane, RD/LD, IBCLC
Visits: Outpatient
Hours: Fridays, call for appointment
Email: sarah@love2nurse.com

Mother to Mother Mobile Lactation
Private Practice
603-452-8118
5305 Airey Drive
Oklahoma City, OK 73145
Heather L. Wasuta, IBCLC
Visits: Home visits within 30 mile radius
Hours: As needed, call or email for appointment
Email: mothertomothermobilelactation@gmail.com

Norman Pediatric Associates
405-321-5114
808 Wall Street
Norman, OK 73069
Jennifer Woods, BSN, RN, IBCLC
Visits: Outpatient
Hours: 9:00 a.m. – 5:00p.m.
Medicaid Provider and files with Private Insurance
Email: jwoods@normanpediatrics.com

Nurturing Bonds, LLC
Private Practice
405-261-6274
Serving Mustang and Yukon area
Ashley Barrett, BA, IBCLC, RLC, Certified Babywearing Educator
Visits: Office and Home visits
Hours: By appointment
Specialty: Oral restrictions, birth - toddler
Email: Ashley@nurturingbonds.com
Website: www.nurturingbonds.com
Hospitals

Alliance Health Deaconess
405-604-4546
5501 N. Portland Ave.
Oklahoma City, OK 73112
Tracy DeJesus, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: Monday – Friday, 9am-2pm and by appointment
Medicaid provider and files with private insurance

Integris Baptist Medical Center
NICU
405-949-3393
3300 Northwest Expressway
Oklahoma City, OK 73112
Sabrina Smith, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 7:00 a.m. – 5:00 p.m., 7 days a week
Specialty: Neonatal Intensive Care Unit

Lactation Services
Integris Baptist Medical Center
405-949-3254
Kira Kirkes-Delay RN, IBCLC; Tina Launer, RN, IBCLC; Edna Overbey, RN, IBCLC;
Michelle Smith, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 7:00 a.m. – 7:00 p.m., 7 days a week
Specialty: Newborn
Medicaid Provider and files with Private Insurance

Integris Canadian Valley Hospital
405-717-6900
1201 Health Center Parkway
Yukon, OK 73099
Connie Brasier, RN, IBCLC
Visits: Inpatient and Outpatient (by appointment)
Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday
Medicaid Provider and files with Private Insurance
Email: Connie.Brasier@integrisok.com

Integris Health- Edmond
405-657-3245
4801 Integris Parkway
Edmond, OK 73034
Becky Drevets, RNC, IBCLC
Visits: Inpatient and Outpatient
Medicare Provider and files with Private Insurance
Email: Rebecca.Drevets@integrisok.com
Integris Southwest Medical Center
405-636-7601 (Hospital)
4401 S. Western
Oklahoma City, OK 73109
Cindy Laney, RN, IBCLC – 644-5242 (office)
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. – 4:30 p.m.
Files with Private Insurance
Email: Cindy.laney@integris.ok.com

Lakeside Women’s Hospital
405-936-1568
11200 N. Portland
Oklahoma City, OK 73120
Erica Dufour, RN, IBCLC; Donna Hendrix, RNC-NIC, IBCLC
Sarah Bendure, RN, IBCLC; Cody Blackmon, RN, IBCLC;
Daree Willman, RNC-NIC, IBCLC; Julia Massey, RN, IBCLC
Visits: Inpatient; Outpatient by appointment
Outpatients seen at:
10900 Hefner Pointe Dr, Suite 501
Oklahoma City, OK 73120
Hours: daily, Monday – Friday
Medicaid Provider and files with Private Insurance

Mercy Health Center
405-752-3586
4300 W. Memorial Road
Oklahoma City, OK 73120
Colleen Davis, RN, IBCLC; Tena Fry, RN, IBCLC; Linda Malthaner, RN, IBCLC
Patty Buersmeyer, RN, IBCLC; Susie Condict, RN, IBCLC; Jessica Whiting, RN, IBCLC
Visits: Inpatient and Outpatient - (Monday – Friday 2 per day)
Hours: 9:00 a.m. – 4:00 p.m.
Specialty: Newborn to 6 months
Medicaid Provider and files with Private Insurance

Norman Regional HealthPlex
405-515-3532
3300 HealthPlex Parkway
Norman, OK 73072
Clara Winters, BSN, IBCLC; Paula Vinson, BSN, RNC-OB, IBCLC, RLC
Debbie Foster, RN, IBCLC; Pamela Denton, RN, IBCLC
Visits: Inpatient
Hours: 7:00 a.m. – 7:00 p.m., 7 days a week
Specialty: Newborn
Medicaid Provider and files with Private Insurance
OU Physicians Breastfeeding Clinic
405-271-9494
825 NE 10th Street
Oklahoma City, OK 73104
Petra Colindres, MA, RDN/LD, IBCLC
Valet Parking
Visits: Outpatient
Hours: daily, Monday – Friday
Medicaid Provider and files with Private Insurance

OU Medical Center
Lactation Center (TLC)
405-271-6455
1200 N. Children’s Avenue
Oklahoma City, OK 73104-5068
Paula Freeman RPT, IBCLC; Keri Hale, RD/LD, IBCLC; Kris Hapgood, BSN, RN, IBCLC;
Charissa Larson, MS, IBCLC; Jennifer Walters, BSN, RN, IBCLC; Samantha Brasses, BS,
IBCLC; Stasha Howard, IBCLC; Cathie Price, IBCLC
Visits: Inpatient, all areas of the hospital
Hours: 8:00 a.m. – 5:00 p.m., weekends/holidays/nights (night shift averages 3 nights weekly)

Oklahoma Breastfeeding Hotline
877-271-MILK (6455)
Rebecca Mannel, BS, IBCLC, FILCA, Director of Lactation Services
Department of OB/GYN, University of Oklahoma Health Sciences Center
Staffed by IBCLCs
To give feedback on the hotline, call 405-271-4350
Funded through a grant provided by the Oklahoma State Department of Health

Oklahoma Mother’s Milk Bank
405-297-LOVE (5683)
901 N. Lincoln Suite # 330
Oklahoma City, OK  73104
Keri Hale, RD/LD, IBCLC, Clinic Director, Rebecca Mannel, MPH, IBCLC, FILCA,
Executive Director
Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday
Email: info@okmilkbank.org

St. Anthony Hospital
405-272-6207
1000 N. Lee
Oklahoma City, OK 73101
Karen Blackburn RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. - 4:30 p.m.
Specialty Area: Newborn and up
Medicaid Provider and files with Private Insurance
Email: Karen.Blackburn@ssmhealth.com
SSM St. Anthony Hospital - Shawnee
405-214-1556
1102 West McArthur
Shawnee, OK 74804
Charli Hull, RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m – 4:30 p.m., Monday – Friday
Medicaid Provider
Email: Charli.Hull@ssmhealth.com

Indian Tribal Organization WIC

Citizen Potawatomi Nation WIC Program
405-273-3216
405-824-9801 (24 hours)
1601 S. Gordon Cooper Drive
Shawnee, OK 74801
Cheryl Richardson, M.A., IBCLC,
Visits: Inpatient- Serving Citizen Potawatomi Nation WIC participants
Hours: By appointment 8:00 a.m. – 5:00 p.m., Monday - Friday
Specialty: WIC Breastfeeding Peer Counseling Program, working mothers

Oklahoma Department of Health/WIC Clinics

Canadian County Health Department – El Reno
405-262-0042 Extension: 331
100 S. Rock Island
El Reno, OK 73036
Sarah Devane, RD/LD, IBCLC; Jenna Crider, RD/LD, IBCLC
Visits: Outpatient
Hours: Call for Availability
Specialty: WIC Breastfeeding Peer Counseling Program, practice within the WIC clinic

Canadian County Health Department- Yukon
405-354-4872
1023 E. Vandament Avenue
Yukon, OK 73099
Maria Rediger, LPN, IBCLC; Sarah Devane, RD/LD, IBCLC;
Visits: Outpatient
Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday
Specialty: WIC Breastfeeding Peer Counseling Program, practice within the WIC clinic
Spanish Speaking
Oklahoma City-County Health Department
405-425-4320 or 405-425-4384
2401 NW 23rd Street, Suite 2G
Oklahoma City, OK 73107
Nao Galbraith-Kimura, MS, RD/LD, CLC, IBCLC
Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday
Specialty: Practice within seven OCCHD WIC Clinics

Oklahoma State Department of Health WIC Service
405-271-4676 or Toll Free 1-888-655-2942
2401 NW 23rd Street, Suite 70
Oklahoma City, OK 73107
Amanda Morgan, MPH, RDN, LD, IBCLC, Breastfeeding Education Coordinator
Amy Mauldin, RDN, LD, IBCLC, WIC Program Consultant Coordinator
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Oklahoma State Department of Health Sooner Start
405-271-9477
3017 N. Stiles, Suite 200
Oklahoma City, OK 73105
Jana Gober, MS, RD/LD, IBCLC
Visits: Home visits in Oklahoma County
Specialty: Early intervention for special needs children
Medicaid Provider

Hope Center Health Clinic (WIC)
405-348-4680
1251 N. Broadway
Edmond, OK 73034
Kristyna Cleek, MS, RD, LD, IBCLC
Visits: Outpatient
Hours: Mon. /Thur.8:30 a.m. – 4:00 p.m., Tue.8:30 a.m. – 5:00 p.m.,
Wed.8:30a.m. – 3:00 p.m.
Email: Kristynah@health.ok.gov

Neighborhood Services Organization WIC Clinic (NSO)
405-942-2008
3530 N. MacArthur Blvd.
Oklahoma City, OK 73122
Brittany Wheaton, MS, RD, LD, IBCLC
Visits: Inpatient
Hours: 7:45 a.m. – 4:30 p.m., Monday – Friday
Specialty: WIC Breastfeeding Peer Counseling Program practiced within the WIC Clinic
**North East Area**

**Private Practice**

**Eastar Health System**
Private Practice  
918-684-2701  
2900 N. Main  
Muskogee, OK 74403  
Bethany White, RN, BSN, IBCLC  
Visits: Inpatient and Outpatient  
Hours: 8:00 a.m. – 8:00 p.m. variable days  
Medicaid Provider and files with Private Insurance  
Email: Bethany.white@capellahealth.com

**Innovations In-Home Lactation Services**
Private Practice  
918-357-5169  
Montika Collins, BS, BSN, RN, CLC, IBCLC, RLC  
Hours: By appointment only (nights and weekends available)  
Specialty: Hospital or Private In-home consultations for NICU/Newborns and up  
Email: pefitllc@gmail.com

**Hornet Healthcare**
In the office of Dr. Mickey Tyrrell, MD – Family Practice and Obstetrics  
918-256-2261 Extension 108  
803 N. Foreman Street, Ste. 102  
Vinita, OK 74301  
Shana L. Hartley, RN, BSN, IBCLC  
Visits: Outpatient  
Hours: 8:00 a.m. – 3:00 p.m., Monday – Friday  
Specialty: Prenatal consults, Breastfeeding classes, latch issues  
Medicaid/Soonercare and files with Private Insurance  
Email: shana@hornethealthcare.com

**Nurtured Touch Lactation Services**
Private Practice  
918-906-4530  
Cassidy Hotz, IBCLC, RLC  
Hours: By appointment only  
Specialty: Offering private in-home consultations in Tulsa area  
Email: cassidyhotz@gmail.com
Hospitals

Peggy V. Helmerich Woman’s Health Center @ Hillcrest Medical Center
918-579-8018
1120 S. Utica Avenue
Tulsa, OK 74104
Sharon Bauer, RN, IBCLC; Karen Stockwell, RN, BSN, IBCLC
Cheryl Coleman, RN, BSN, IBCLC; Susan Reeder, RN, IBCLC
Roberta Tyler, RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 5:00 p.m. / Outpatient Clinic - 9:00 a.m. – 5:00 p.m., Monday, Tuesday and Thursday
Medicaid Provider and files with Private Insurance

Saint Francis Hospital
6161 S. Yale Avenue
Tulsa, OK 74136
Tina Smith, BSN, RNC, IBCLC; Janice Norris, RN, IBCLC; DeeDee Surratt, RN, IBCLC; Marianne Eichelberger, RN, IBCLC; Laura Calhoun, RN, BSN, IBCLC; Kerstin West-Wilson, MS, RNC, IBCLC; Lynn Clutter, PhD, APRN-CNS, IBCLC; Helen Wild, IBCLC; Debbie Ratzlaff, RN, MSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 4:30 p.m.
Specialty: Premature infants
Medicaid Provider

St. John Medical Center
918-744-2681
1923 S. Utica Avenue
Tulsa, OK 74104
Cynthia DeLay, BSN, RN, IBCLC; Mona Keeline, RN, IBCLC
Susan Reeder, BSN, RN, IBCLC; Melissa Taylor, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 5:00 p.m., Monday – Saturday

Saint Francis Hospital South
918-307-6394
10501 E. 91st St. South
Tulsa, OK 74133
Susan Beard, RN, IBCLC; Debbie Ratzlaff, MSN, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 7:00 a.m. – 7:00 p.m., Tuesday & Wednesday
Specialty: Newborns
Medicaid Provider and Files with Private Insurance
Hillcrest Hospital South
918-294-4239
8801 South 101st East Avenue
Tulsa, OK 74133
Connie Lovell, RN, IBCLC
Visits: Inpatient and Outpatient (Outpatient for Hillcrest South patients only)
Hours: 8:00 a.m. – 4:00 p.m., Monday- Friday

Indian Tribal Organization WIC

Cherokee Nation WIC Program
918-453-5591
Box 948
Tahlequah, OK 74464
Euphemia John, BS, CLC, IBCLC, RLC  Business Cell: 918-207-6952
Twila Whitekiller, CLC, IBCLC  918-316-8266
Visits: Inpatient, Outpatient, and Home visits 150 mile radius
Hours: 8:00 a.m. – 5:00 p.m. Will take calls after hours

Oklahoma State Department of Health/WIC Clinics

Cherokee County Health Department
918-456-8826
912 College Street
Tahlequah, OK 74464
Tamarkia Fisher, RN, IBCLC
Visits: Outpatient, Home visits
Hours: 8:00 a.m. – 5:00 p.m.

Creek County Health Department
918-224-5531
1808 S. Hickory
Sapulpa, OK 74066
Heather Odenwald, MS-MPH, RDN/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5 p.m., Monday – Friday

Sequoyah County Health Department
918-775-6201
612 N. Oak Street
Sallisaw, OK 74955
Esther Roberts-Wade, RD/LD, IBCLC
Visits: Outpatient, Home visits 25 mile radius
Hours: 8:00 a.m. – 5:00 p.m., Monday- Friday
Specialty: Providing services to WIC participants
Tulsa City – County Health Department
Central Regional Health Center
918-594-4820 / 918-282-4451
315 S. Utica Avenue
Tulsa, OK 74104-2203
Visits: Outpatient
Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday, by appointment
Specialty: Providing services to WIC participants

Tulsa City - County Health Department
BEST Program – Legacy Plaza
918-779-6953
5330 E 31st St
Tulsa, OK 74135
Kyla Pfannenstiel, RN, BSN, IBCLC
Visits: Home visits
Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday, by appointment

Tulsa City - County Health Department
Mingo 21
918-669-8202
9924 E. 21st Street
Tulsa, OK 74129
Hours: 8:00 a.m. - 4:30 p.m., Monday – Friday, by appointment
Providing services to WIC participants

North Central Area

Hospitals

Alliance Health Woodward
580-254-8654
900 17th Street
Woodward, OK 73801
Sierra D. Elsey, RN, BSN, BSHS, IBCLC
Visits: Inpatient and Outpatient
Hours: Varies, by appointment
Medicaid Provider and files with Private Insurance

Integris Bass Baptist Health Center
580-548-1347
600 S. Monroe Street
Enid, OK 73701
Nancye Turner, LPN, IBCLC; Linda Suderman, RN, BSN, IBCLC
Bonita Goodpasture, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday
Medicare Provider and files with Private Insurance
St. Mary’s Regional Medical Center  
580-249-3437  
305 South Fifth  
Enid, OK 73701  
Anna Ritter, RN, BSN, IBCLC  
Visits: Inpatient and Outpatient – Medicaid Provider and files with Private Insurance  
Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday

Stillwater Medical Center  
405-742-5553  
1323 West Sixth Avenue  
Stillwater, OK 74076  
Jeanne Campbell, RNC, BSN, IBCLC  
Visits: Inpatient, Outpatient, Home visits 35 mile radius  
Hours: 9:30 a.m. – 6:00 p.m.  
Specialty: Newborns to 3 months

Oklahoma State Department of Health/WIC Clinics

Blaine County Health Department  
580-623-7977  
521 West 4th Street  
Watonga, OK 73772  
Jenna Crider, RD/LD, IBCLC  
Visits: Outpatient  
Hours: 9:00 a.m. – 4:00 p.m., 4th Wednesday & Friday

Garfield County Health Department  
580-233-0650 Ext. 163  
2501 Mercer Drive  
Enid, OK 73701  
Joy Richert, RN, IBCLC  
Visits: Outpatient  
Hours: 8:00 a.m. – 4:30 p.m.

Kingfisher County Health Department  
405-375-3008  
124 East Sheridan  
Courthouse Annex- 101  
Kingfisher, OK 73750  
Jenna Crider, RD/LD, IBCLC  
Visits: Outpatient  
Hours Call for Availability
Private Practice

Debra J. Cox, BA, IBCLC
580-399-6464
19200 CR 3558
Ada, OK 74820
Visits: Home visits 20 mile radius
Hours: Call for appointment
Email: debra.cox@chickasaw.net

Carla Hendrix, RN, IBCLC
918-413-3545
Poteau, OK
Visits: Home visits 60 mile radius
Hours: Call for appointments
Email: carlahendrixrn@gmail.com

Lori L. Spann, BA, IBCLC
580-235-9490
17889 CR 1530
Ada, OK 74820
Visits: Inpatient, Outpatient, Home visits 30 mile radius
Hours: Call for appointments
Email: lorilacyspann@gmail.com

Southern Oklahoma Women’s Health
580-224-9000
731 12th Avenue NW
Ardmore, OK 73401
Lacy Westfall, RN, BSN, IBCLC; Zann Shelton, APRN, CNP, IBCLC
Visits: Outpatient
Hours: 9:00 a.m. – 5:00 p.m.
Medicaid provider and files with Private Insurance
Email: lwestfall@sowhobgyn.com or zshelton@sowhobgyn.com

Indian Tribal Organization WIC

Chickasaw Nation WIC Program
1001 N. Country Club Road
Ada, OK 74820
Jamie Lee, IBCLC, RLC 580-656-6981
Dawnna Brittain, IBCLC, RLC 580-235-3132
Stephanie Dresser, IBCLC, RLC 580-606-0879
Visits: Inpatient, Outpatient, and Home visits - within Chickasaw Nation boundaries
Hours: On-call 24 hours
Choctaw Nation WIC Program
580-916-9140 Ext. 83854
1803 Chukka Hina
Durant, OK 74701
Erin James, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 4:30 p.m., Monday - Friday
Email: kejames@cnhsa.com

Oklahoma State Department of Health/WIC Clinics

Bryan County Health Department
580-924-4285
1524 Chuckwa St
Durant, OK 74701
Cindy Crase-Stevens, MS, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Haskell County Health Department
918-967-3304
Stigler Area Health and Wellness Center
1407 NE D Street, Suite A
Stigler, OK 74462
Emmy McPeak, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

McIntosh County Health Department
918-473-5416
211 West Gentry
Checotah, OK 74426
Emmy McPeak, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Pontotoc County Health Department
580-332-2011
2330 Arlington Street
Ada, OK 74820
Cindy Crase-Stevens MS, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday
Specialty: Providing services to WIC participants
South West Area

Private Practice
Patricia (Patsy) Sanders, RN, BSN, IBCLC
Private Practice
580-583-0152 – Cell
277 NE Sanders Drive
Elgin, OK 73538 (Lawton area)
Visits: Home visits 50 mile radius
Files with Private Insurance
Email: patsykaysanders@juno.com

Hospitals
Comanche County Memorial Hospital
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Kate Copass, RNC-OB, IBCLC; Jenifer Brown, RNC-OB, IBCLC
Visits: Inpatient, Outpatient
Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday. Saturday (outpatient) by appointment only
Medicaid Provider and files with Private Insurance
Email: kate.copass@ccmhhealth.com

Duncan Regional Hospital
580-251-8830
1407 Nth Whisenant Drive
Duncan, OK 73533
Paula Hancock, RN, IBCLC; Jess Ryans, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 8:00 a.m. – 4:00 p.m., Monday, Tuesday, Thursday, Friday
Medicaid Provider and files with Private Insurance

Indian Tribal Organization WIC
Chickasaw Nation WIC
580-606-0879
1206 Hwy 81, Suite 6
Duncan, OK 73533
Jamie Lee, IBCLC, RLC; Stephanie Dresser, IBCLC
Office Hours: 8:45 a.m. – 5:00 p.m., Monday - Friday
Visits: Inpatient, Outpatient, and Home visits
Serving within Chickasaw Nation
Email: Jamie.lee@chickasaw.net
Email: Stephanie.dresser@chickasaw.net
**Oklahoma State Department of Health/WIC Clinics**

**Caddo County Health Department**
405-247-2507
216 W. Broadway
Anadarko, OK  73005
Jenna Crider, RD/LD, IBCLC
Hours: 9:00 a.m. – 4:00 p.m., 4th Monday

**Custer County Health Department**
580-323-2100
3030 Custer Avenue
Clinton, OK 73601
Jenna Crider, RD/LD, IBCLC
Hours: Call for Availability

**Custer County Health Department**
580-772-6417
220 N. Bradley
Weatherford, OK 73096
Jenna Crider, RD/LD, IBCLC
Hours: Call for Availability

**Jackson County Health Department**
580-482-7308
401 W. Tamarack
Altus, OK 73521
Kerri Metz, MS, RD/LD, IBCLC
Visits: Outpatients
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday
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