



# Picture a Brighter Future for Oklahoma Children



## Child Abuse Prevention Day Mini Conference Program Agenda

Tuesday, April 14, 2015  
Samis Education Center  
Oklahoma City, OK



**Free**

# PICTURE A BRIGHTER FUTURE FOR CHILDREN CHILD ABUSE PREVENTION DAY MINI CONFERENCE TUESDAY, APRIL 14, 2015 PROGRAM AGENDA

The Samis Education Center, OKC

Strengthening Families, Building Community

9:30 am - 10:00 am	Registration for PRE-SEMINAR <span style="float: right;"><a href="#">(Preregistration Link)</a></span>	
	THE SAMIS EDUCATION CENTER	<p style="text-align: center;"><b>Lemonade for Life</b></p> <p>Research has never been clearer about the importance of the early childhood years in relation to school and life success. The Adverse Childhood Experiences (ACEs) study provided a foundational understanding of the link between what happens during a child's early years and the health risk that child faces as an adult. Although we have known about this research for over 15 years, we as a field have struggled to use the research in a consistent way to help parents understand patterns in their life and to use the research to promote resiliency. Inspired by an urgency to interrupt the intergenerational transfer of ACEs, researchers and practitioners from Kansas and Iowa developed a training to help early childhood professionals use ACEs research with families. L4L provides the resources and connects the dots to make translation of past adversity into tangible, future change and growth.</p> <p style="text-align: center;">Jacqueline Counts, MSW, PhD.      Rebecca Gillam, LMSW, PhD. University of Kansas   Center for Public Partnerships &amp; Research</p> <p style="text-align: center;">(Auditorium)</p>
11:30 am - 12:30 pm	*Lunch Break (on your own)	

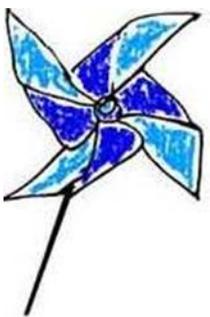
\*Seminar participants are encouraged to bring a brown bag lunch or choose from the few options available nearby (list of choices will be emailed closer to conference date).

Noon - 12:30 pm	Registration for MINI CONFERENCE <span style="float: right;"><a href="#">(Preregistration Link)</a></span>			
 <p><b>James T. Seymour</b> Executive Director Catholic Community Services/Catholic Services Community Foundation, Salem, Oregon</p>	THE SAMIS EDUCATION CENTER	<p style="text-align: center;"><b>Opening Welcome &amp; Introduction of Keynote Speaker</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;"> <p style="text-align: center;"><b>Robert W. Letton, Jr., MD, FAAP, FACS</b> Paula Milburn Miller CMRI/CHF Research Chair in Pediatric Surgery Professor of Surgery, Pediatric Surgery Director of Pediatric Trauma and ECMO The Children's Hospital at OU Medical Center</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><b>Patrick J. Raglow</b> Executive Director Catholic Charities Archdiocese of Oklahoma City</p> </td> </tr> </table> <p style="text-align: center;"><b>Keynote Address: <span style="color: #0070c0;">Love and Live, Fully Alive: Strengthening Families, Building Community</span></b></p> <p style="text-align: center;"><i>"Don't worry about what the world needs. Ask what makes you come alive and do that, because what the world needs is people who have come alive."</i> Howard Thurman<sup>1</sup></p> <p>The time has come to move beyond treatment, intervention and prevention of disease, disability and dysfunction. Today's challenge is promoting the positive development of children and adults, strengthening families, and building community. Accepting this challenge will require us to transform our own lives by deepening our ability to love and live fully alive.</p> <p style="text-align: center;">(Auditorium)</p>	<p style="text-align: center;"><b>Robert W. Letton, Jr., MD, FAAP, FACS</b> Paula Milburn Miller CMRI/CHF Research Chair in Pediatric Surgery Professor of Surgery, Pediatric Surgery Director of Pediatric Trauma and ECMO The Children's Hospital at OU Medical Center</p>	<p style="text-align: center;"><b>Patrick J. Raglow</b> Executive Director Catholic Charities Archdiocese of Oklahoma City</p>
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1:45 pm - 2:00 pm	Networking Break			



2:00 pm - 2:45 pm  
EARLY BREAKOUT SERIES

CHOOSE FROM  
SIX PRESENTATIONS



**Building Resilience and Mitigating the Impact of Toxic Stress**  
 Safe, stable, nurturing relationships are the key social determinant of every child's life prospects. Toxic stress undermines safe, stable, nurturing relationships by disrupting the part of the brain architecture responsible for executive function and triggering fight-flight-freeze reactions. Home and neighborhood environments rich in the Strengthening Families Protective Factors build resilience and mitigate the impact of toxic stress. This presentation will explore the concepts of executive function, toxic stress, and the protective factors framework and how the Fostering Hope Initiative is using these concepts to promote positive development, strong families, and supportive communities.

**James T. Seymour**  
 Salem, Oregon

(Auditorium)

**Getting the Most from Social Media**  
 "Just click here, type here, post here...then sit back and wait for all the engagements! Social Media seems so easy, right? If you've ever taken your non-profit to the social-sphere you've probably found out that maybe there is more to social media than just 140 characters. Casey Cornett, director of social media at VI Marketing and Branding, goes through the analytics and data to reveal the where / when / how you should be using your time and resources on social media.

**Casey Cornett, Director of Social Media at VI Marketing and Branding**

(Conference Room B1/2)

**Adverse Childhood Experiences (ACEs) in Oklahoma**  
 The Adverse Childhood Experiences (ACEs) study is one of the largest investigations ever conducted to assess associations between childhood maltreatment and later-life health and well-being. ACEs have been identified as risk factors for a multitude of negative health outcomes including substance abuse, depression, cardiovascular disease, diabetes, cancer, and premature mortality. In 2012, the ACE module was added to Oklahoma's Behavioral Risk Factor Surveillance System (BRFSS). This presentation will discuss the results and the work that is currently being conducted to disseminate the findings.

**Jamie J Piatt, MPH**  
 SEOW Coordinator/Epidemiologist  
 (Conference Room B3)

2:00 pm - 2:45 pm  
EARLY BREAKOUT SERIES

**Nurturing Relationships First**  
 When working with children, it is equally important to build alliances with their caregivers. Safe, healthy relationships help children reach their full potential. This session will explore ways to engage caregivers in our interventions with children.

**Amy Huffer, LCSW, IMH-E (IV-C)**



(Conference Room A)

**You May Be What They Were Then: A look at your family through the use of a genogram.**  
 The purpose of identifying trends over 3-4 generations is to become aware that they are a part of their family history. Trends may include health/illness issues, addictions, family violence, professions, hobbies/recreational interests, namesakes, divorces/no divorces, education and possible others such as military, geographic location, twins etc. A narrative or journal includes a discussion of the trends and is helpful in either supporting or intervening to determine if the trend will continue in future generations. A valuable aspect of constructing a genogram is that it is an orderly way of obtaining a family history and organizing that history so the family members and/or therapists can look at it together. The trends identified will be invaluable as the family looks at the past and uses it to make plans and changes for the future.

**Kaye Sears, Ed.D., LMFT, CFLE, CCPS**  
 Professor; Human Environmental Sciences  
 University of Central Oklahoma

(Conference Room C)

**OKLAHOMA SUCCESS! Circle of Parents: A Community Assisted Parent Support Group**  
 The focus of this workshop will provide participants an overview of a successful parent support group model supported by communities and facilitated by Child Development Specialists who work within Child Guidance clinics in Oklahoma.

This will include learning:  
 1) about the Circle of Parents®, its core tenets and principles;  
 2) implementation of the program; and,  
 3) an overview of the current evaluation outcomes of how this model has assisted many high-risk populations that parent young children.

**Jane Humphries, Ed.D., CCPS**  
 Child Guidance Service  
 Oklahoma State Department of Health

(Conference Room D)

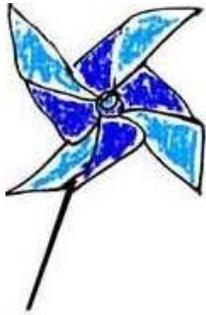
2:45 pm - 3:00 pm

Networking Break



3:00 pm - 3:45 pm  
LATE BREAKOUT SERIES

CHOOSE FROM  
SIX PRESENTATIONS



**From Childhood to Adolescence: Promoting Healthy Youth Development and Well-Being**

Adolescence is considered by many scientists to be the second most important and the second most vulnerable developmental period in the lifespan, surpassed in importance by early childhood. Recent scientific advances have contributed to a paradigm shift in understanding adolescent development and behavior, the developmental impacts of trauma, and the pathways to healthy growth and development. This session will describe the Youth Thrive framework for promoting healthy adolescent development and well-being and reducing the impact of negative life experiences for youth, in general, and youth receiving child welfare services, in particular.

**Charlyn Harper Browne, PhD**  
Senior Associate, Center for the Study of Social Policy, Washington DC

(Auditorium)

**Social Media for Social Change - The Basics**

Whether we are large corporations, small nonprofit organizations or individuals, we have one big tool for social change literally at our fingertips: social media. But how can we make our message heard in the chaos?

Social media is an invaluable tool for organizations running campaigns large and small, for fundraising, calls to action and volunteer recruitment. See real-life examples and case studies of campaigns from organizations of all sizes; learn what worked (and what didn't) and why—and how you can achieve powerful results for *YOUR* cause through social media like Facebook and Twitter.

**Emily Garman, Founder - The Social Animal**

(Conference Room B1/2)

**Relax-a-Palooza: Mindfulness, Self-Care and Experiential Learning in the 21<sup>st</sup> Century**

What does it mean to take care of ourselves? It's a big concept, with lots of pieces, so in this session we'll spend time exploring several simple options and how they might fit into our daily lives. Think of it as a self-care smorgasbord where you can taste a few items and take home a recipe for the ones you like!

**Kim Quinn, RN, Med Nurse Consultant**  
Child Care Warmline  
Oklahoma State Department of Health

(Conference Room B3)

3:00 pm - 3:45 pm  
LATE BREAKOUT SERIES

**Set Up to Fail: Barriers to Exiting Poverty (and a few bright spots)**

This presentation examines poverty in Oklahoma, and discusses factors keeping hardworking Oklahomans from exiting poverty - or why, if you're behind, it can be nearly impossible to get ahead.

**Carly Putnam, Oklahoma Policy Institute**



(Conference Room A)

**Protecting Our Children: What Caregivers and Providers Need to Know About Risk and Resilience of Raising Children with Autism and Other Developmental Delays**

Children with disabilities are 3.4 times more likely to be maltreated than their peers. In this interactive session, participants will increase their understanding of the prevalence and risk factors associated with maltreatment of children with developmental disabilities, including Autism Spectrum Disorder. Participants will learn how disability status can impact family health and child placement. Presentation materials will highlight family based training considerations to ensure child safety. Participants will increase their understanding of the recommendations from the American Academy of Pediatrics for maltreatment of individuals with developmental disabilities and the guidelines from the American Psychological Association, Division 33 for working with individuals with developmental disabilities. Application of the recommendations and guidelines will be covered along with training recommendations for children with developmental disabilities, caretakers, and other providers working with individuals with developmental disabilities.

**Paul M. Shawler, M.S.**

(Conference Room C)

**Supporting Parents and Strengthening Families Through Reach Out and Read**

This presentation will discuss how medical providers can engage parents through books. We will explore how the first five years offer a critical window for learning, with rapid brain development that does not occur at any other time. Many children, especially from low-income families, are not read to from birth. Children who grow up without sufficient exposure to language arrive at school without basic literacy skills, and often struggle with reading in early grades. Children's language and social emotional development evolve primarily through parent and child interactions. Reach Out and Read takes advantage of the relationship that doctors have with families and their children to use the book as a tool for exploring these interactions.

**Marny Dunlap, M.D.**

(Conference Room D)

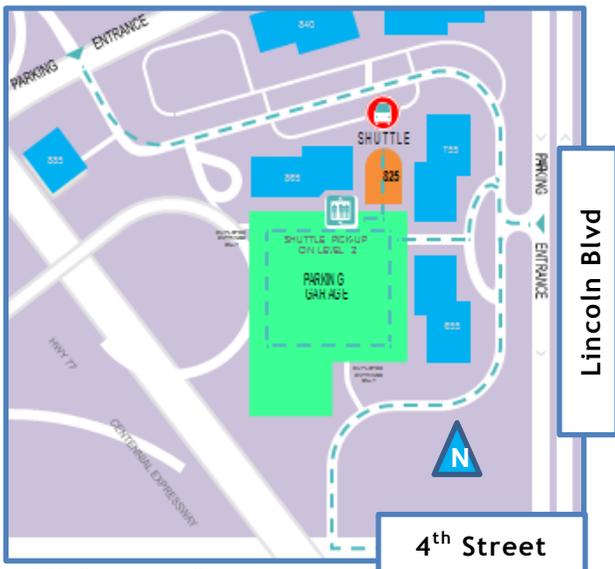


3:45 pm - 4:00 pm	<b>Networking Break</b>
4:00 pm - 5:00 pm	<p><b>Closing Comments &amp; Introduction of Closing Speaker</b></p> <div style="border: 1px dashed black; padding: 5px; margin: 10px auto; width: fit-content;"> <p style="text-align: center;">Annette Wisk Jacobi, J.D. Director, Family Support &amp; Prevention Service Oklahoma State Department of Health</p> </div> <p style="text-align: center;"><b>Closing Address: <a href="#">Off to a Great Start: Building an Early Foundation for Later Healthy Development and Well-Being</a></b></p> <p>There has been widespread uptake and diverse implementation of the Strengthening Families Approach and Protective Factors Framework over the last decade. Concurrently advances in the fields of developmental psychology and neuroscience burgeoned during this period. This presentation will describe some of the new knowledge that enhances the foundation of the Strengthening Families Approach and the five protective factors, with particular attention to the critically important role of parents and child service providers. Understanding this research presents an opportunity to develop and implement scientifically grounded programs, practices, and policies that contribute to better outcomes for children and families.</p> <p style="text-align: center;">Charlyn Harper Browne, PhD Senior Associate, Center for the Study of Social Policy, Washington DC</p> <p style="text-align: center;">(Auditorium)</p>
5:00 pm	<b>Adjourn</b>

<sup>1</sup> *Howard Thurman (November 18, 1899 - April 10, 1981) was an influential African American author, philosopher, theologian, educator and civil rights leader.*

### Program Notes

Preregistration is required and is available at this link: [http://www.ok.gov/triton/modules/calendar/calendar.php?calendar\\_seq=32](http://www.ok.gov/triton/modules/calendar/calendar.php?calendar_seq=32)  
 Space is limited and available on a first come, first serve basis. Early registration is encouraged.  
 Room assignments listed above are subject to change.



### → Destination Research Parkway -- Directions to Parking and Shuttle ←

Due to extremely limited parking in or near the conference site, participants' only access to the conference is via the **FREE** shuttle service near the Samis Center. We have tried to make the transition as easy as possible and apologize in advance for any inconvenience.

(See diagram at left) Please follow the blue dotted line into the parking garage. The North side of building 825 is where the shuttle is located from the parking garage (Level 2). Once on the shuttle, you will receive a token to get out of the parking garage when the conference is over.

#### Please note and plan accordingly

**Shuttle Service** will run from 9:15-10:30 for pre-conference attendance and 11:45-12:45 for mini conference attendance. Once the conference is over, shuttles will run from 5:00 until everyone is returned to the parking garage. Shuttles will be coming/going as quickly as possible during this timeframe. Every effort will be made to make the wait for the next shuttle as minimal as possible.

Website to track shuttle: [WWW.OUMCEXPRESS.COM](http://WWW.OUMCEXPRESS.COM)

**MARK YOUR CALENDAR** - Next year's CAP Day at the Capitol and Mini Conference is **Tuesday, April 12, 2016!**

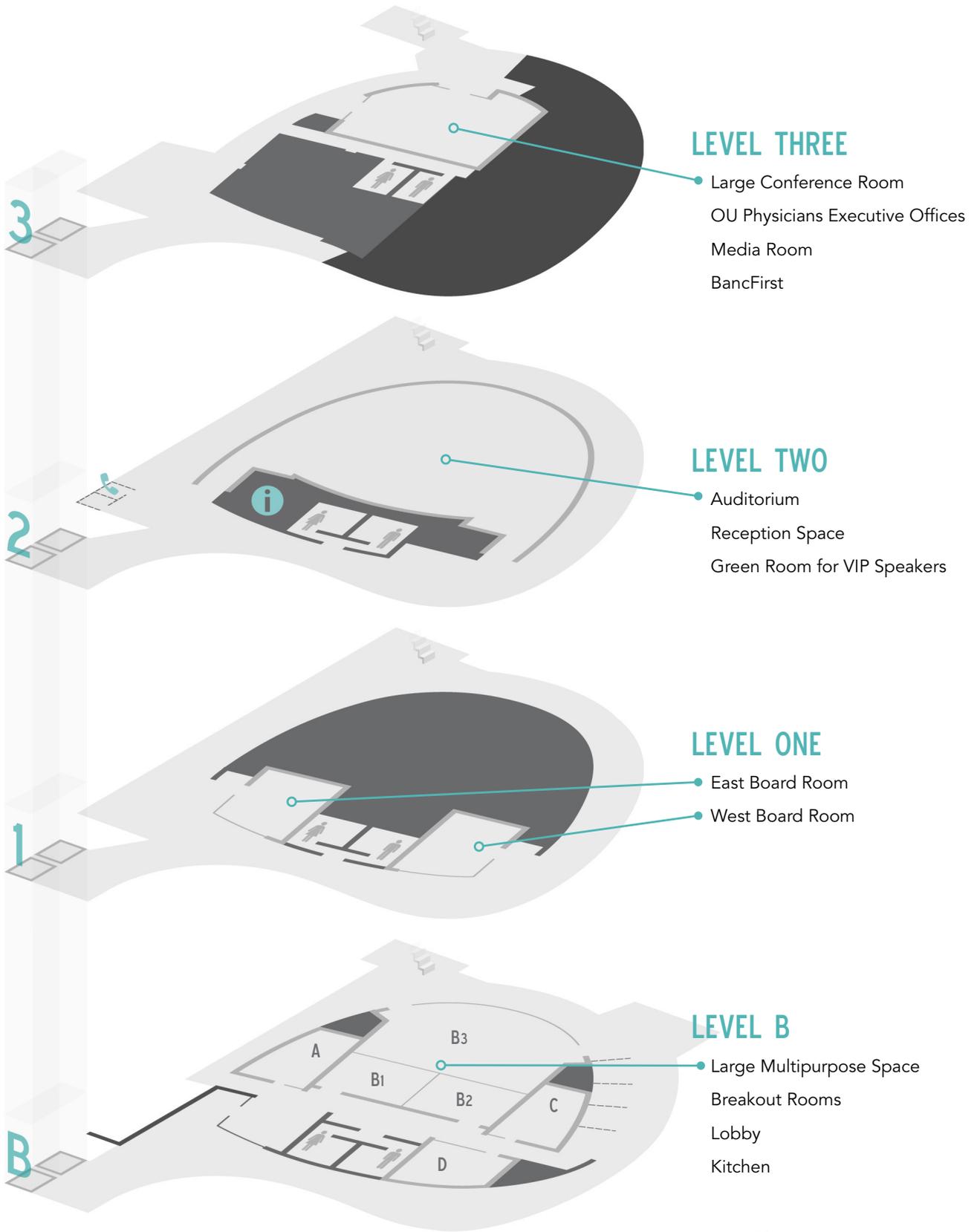
### 2015 PICTURE A BRIGHTER FUTURE FOR KIDS CAP DAY MINI CONFERENCE

Sponsored by the Family Support and Prevention Service, Oklahoma State Department of Health  
 1000 NE 10<sup>th</sup> Street, Oklahoma City, OK 73117, Phone: 405.271.7611 Fax: 405.271.1011

755 Research Parkway  
 OKC 73104

# SAMIS EDUCATION CENTER MAP

  
Elevators  
located in  
Children's  
Atrium  
Lobby



## LEVEL THREE

- Large Conference Room
- OU Physicians Executive Offices
- Media Room
- BancFirst

## LEVEL TWO

- Auditorium
- Reception Space
- Green Room for VIP Speakers

## LEVEL ONE

- East Board Room
- West Board Room

## LEVEL B

- Large Multipurpose Space
- Breakout Rooms
- Lobby
- Kitchen

