Child’s Safety
Six to Ten Years

More knowledgeable.
Understands right and wrong, and reasoning.
Stronger, more coordinated.
Needs appropriate boundaries yet allow growing independence.

Vehicle Safety
- Use booster seat until the child is at least 4’ 9” tall.
- Never have child in front seat of vehicle with passenger airbag.
- Do not allow child to ride motorcycles or all-terrain vehicles; child lacks perception of speed and distance, and ability to control vehicle.
- Don’t drive into flood waters.

Water Safety
- Teach child how to swim.
- Teach and reinforce safety rules such as:
  - Never swim alone or dive into unknown water.
  - Must be supervised by adult when swimming or playing near any body of water.
  - Do not swim or play near wells, rivers, streams, canals, flooded streets, or ditches with rushing water.
  - Do not dive from swimming pool sides unless the water is at least 9 feet deep.
  - When diving from a diving board, the water must be at least 12 feet deep
- Any pool area must have a life preserver and shepherd’s hook for emergencies.
- Use life jacket when boating and fishing.
- Don’t walk or ice skate on ponds or lakes with ice less than 12 inches thick.

Bicycle Safety
- Bicycle must be correct size and in good repair.
- Understand and use bicycle rules of the road:
  - Ride on sidewalk, bike path, or right side of road with traffic.
  - Use correct hand signals, obey traffic signals
  - Don’t ride after dusk.
- Wear approved well-fitting bicycle helmet.
- Walk bike across intersections and railroad crossings.
- Adult should supervise child who is riding.

Safety In and Around the Home
- Check smoke alarm batteries each month.
- Make fire and disaster escape plans.
- Be sure child knows emergency phone numbers and safety rules for home.
- If guns are in home, keep them unloaded, locked, and apart from ammunition.
- Do not allow to operate electric or motorized farm equipment, tools or machinery (saws, drills, cutters).
- Teach reasons for safety behavior.
- Know first aid, CPR, and where to call for help.

Safety Outside the Home
- Must be supervised before and after school in a safe environment.
- Must understand and practice rules for crossing streets, railroad tracks, and taking school bus.
- Playground equipment must be age-appropriate and in good repair. Surfaces made of 12-inch deep rubber, chips, or sand.
- When engaged in sports, need to wear protective gear for the sport (mouth guards, helmets, knee pads, eye protectors, shin guards).
- Foster self-responsibility for safety behaviors.
- Help child to gain confidence in making good choices.

Neighborhood and Community Safety
- Child should be taught rules at home and school on how to be safe around strangers.
  - Never open door.
  - Don’t go near or in stranger’s vehicle.
  - Run and call for help if any person tries to hurt or put you into vehicle.
- Child should not be left alone without supervision.
- Monitor child’s computer activities. Block internet sites that include adult material and that may lead to child abuse or abduction.