



## Self-Defense Plus McAlester, OK.

You are enrolled in the upcoming Self-Defense Plus class scheduled for **December 7-10 and 14-17, 2015**, at the SE Regional Training Center (SERT) located at **Oklahoma State Penitentiary**, 1301 N. West St., McAlester, OK 74502. Report to the **Rec Room** on Monday, **December 7<sup>th</sup> at 7:00 a.m.** Class will be conducted from 7:00 a.m. - 6:00 p.m. Monday-Thursday, with one hour for lunch. Your class coordinator is Richard Johnston and he can be reached at (918) 423-4700, ext. 174 or 199.

**ITEMS TO BRING FOR CLASS:** All participants should have the following items available for use during class time: note paper, black ink pens, physical training clothing (non-emblem sweat pants, t-shirts, socks), running shoes, duty belt with holster, expandable baton, and handcuffs. **DO NOT BRING FIREARMS.**

**FACILITY HOUSING:** Employees from JEHCC, DCCC, and NOCC will be provided housing on the grounds between OSP and JBCC. If you wish to take advantage of **early check-in, meet Richard Johnston at Tower 1 on Sunday, December 6<sup>th</sup> at 3:00 p.m.** Be on time, otherwise you will receive your keys on Monday. Participants staying in facility housing will need to bring money, personal hygiene items, sheets, blanket, pillowcase, towels, washcloths, etc. for a twin bed. Although pillows are provided, you may wish to bring your own, as well as an egg crate foam mattress pad for comfort. Optional items you may wish to bring: alarm clock, blow dryer, fan, coffee pot, etc. There are no washer/dryer units on site, however, microwaves and refrigerators are provided.

**MEALS:** Breakfast, lunch and dinner will be provided at JBCC for participants assigned to facility housing. If you do not wish to eat at JBCC you will be responsible for your own meals.

**DIRECTIONS:** From State Highway 270 (W. Carl Albert Parkway) turn north on West Street and travel approximately one mile. OSP will be on the west side of the street.

**PARKING:** Participants will park to the west of the Rec Room as indicated in the illustration provided. Participants receiving lodging will be allowed to park at the housing units once they have checked in. You will need to bring your vehicle make, model & tag number, and your DOC ID badge or driver's license. See map illustration provided.

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If you are unable to attend, please contact Anetta Bullock at 405-425-2504 or email her at [anetta.bullock@doc.ok.gov](mailto:anetta.bullock@doc.ok.gov). We look forward to seeing you.

Sincerely,

A handwritten signature in black ink, appearing to read 'Phil Gilstrap'.

Phil Gilstrap  
Training Manager