

Oklahoma Department of Corrections  
Unclassified Job Descriptor

## **NUTRITIONAL THERAPIST**

### **Basic Purpose:**

Positions in this job are assigned responsibilities involving planning, designing and evaluating menus and special diets for, and providing dietary and nutritional counseling to, department inmates.

### **Typical Functions:**

- Evaluates nutritional and dietary needs of general and medical inmate population.
- Plans, develops, evaluates, and monitors implementation of institutional master menus and individual therapeutic diets in accordance with recognized professional standards.
- Coordinates and consults with health service administrators, medical services staff, health care providers, facility heads, and food services managers regarding nutritional assessment and education, and the delivery of appropriate nutritional and therapeutic diets.
- Develops and delivers staff training.

### **Knowledge, Skills, and Abilities:**

Knowledge of current dietetics and institutional diet management; of nutrition and its relationship to health; of the related costs, available resources, and accounting and evaluation practices. Ability to plan menus for general and special therapeutic diets; to develop and deliver effective education programs; and to evaluate programs results.

### **Education and Experience:**

Statutorily Required: N/A

Minimum Qualifications: Bachelor's degree in Nutritional Sciences or related field and registration as a dietitian with the Commission on Dietetic Registration, American Dietetic Association, and licensure with the Oklahoma State Board of Medical Licensure and Supervision.

Preferred Qualifications: The above minimum qualifications plus two (2) years experience as a registered dietitian in a food service operation or health care program or facility.