OKLAHOMA DEPARTMENT OF CORRECTIONS
NURSING PRACTICE PROTOCOLS

Routine Physical Nursing Interventions - Male

MONITORING OF ROUTINE PHYSICALS USES A COLLABORATIVE MULTIDISCIPLINARY TEAM APPROACH. ROUTINE PHYSICAL NURSING INTERVENTIONS ARE APPROVED BY THE CHIEF MEDICAL OFFICER FOR NURSING TO PERFORM IN ACCORDANCE WITH THE PERIODIC PHYSICAL EXAMINATION AND LABORATORY REQUIREMENTS. THESE APPROVED ROUTINE PHYSICAL NURSING INTERVENTIONS DO NOT REQUIRE A HEALTHCARE PROVIDERS ORDER. THE ROUTINE PHYSICAL NURSING INTERVENTIONS ARE BASED UPON NATIONALLY RECOGNIZED EVIDENCE-BASED GUIDELINES AND RECOMMENDATIONS.

Problems: _____

Chronic Clinic labs required: ❑ Yes ❑ No If "Yes" complete the "Chronic Clinic Nursing Interventions".

Routine Physical Laboratory - Male:

Ages 18 - 39	Ages 40 - 64	Ages 65 and older
❑ Physical Exam – every 3 years	❑ Physical Examination – Every 1-3 years ❑ Lipid Profile - Every 1-3 years ❑ Fasting CMP – Every 1-3 years ❑ Fecal occult blood testing X 3 beginning age 50 -Annually ❑ EKG-age 50 – baseline, then at the providers discretion	❑ Physical Examination – Annually ❑ Lipid Profile Annually ❑ Fasting CMP – Every 3 years ❑ Fecal occult blood testing X 3 beginning age 50 –Annually until age 75, then by providers discretion

Physical Examination and Laboratory Requirements for Offenders Returning From GPS – Male:

Initial PE 39 & Younger	Initial PE Ages 40-49 yrs.	Initial PE Ages 50-64 yrs.	Initial PE Ages 65 and older
❑ Tuberculin skin test ❑ HIV testing - Enzyme-Linked Immunosorbent Assay (ELISA). The Western Blot method will be utilized if the baseline ELISA test result is reactive (or positive). ❑ Rapid Plasma Reagin (Syphilis) ❑ Fasting CMP	❑ Tuberculin skin test ❑ HIV testing – Enzyme-Linked Immunosorbent Assay (ELISA). The Western Blot method will be utilized if the baseline ELISA test result is reactive (or positive). ❑ Rapid Plasma Reagin (Syphilis) ❑ Fasting CMP	❑ Tuberculin skin test ❑ HIV testing – Enzyme-Linked Immunosorbent Assay (ELISA). The Western Blot method will be utilized if the baseline ELISA test result is reactive (or positive). ❑ Rapid Plasma Reagin (Syphilis) ❑ Fasting CMP	❑ Tuberculin skin test ❑ HIV testing – Enzyme-Linked Immunosorbent Assay (ELISA). The Western Blot method will be utilized if the baseline ELISA test result is reactive (or positive). ❑ Rapid Plasma Reagin (Syphilis) ❑ Fasting CMP

Nursing Routine Interventions: (check all that apply)

❑ Offender identified and procedure explained.
❑ Hands washed/sanitized and gloves applied.
❑ Offender arm positioned, tourniquet applied, puncture site identified and cleansed.
❑ Venipuncture site: _____ ❑ Needle gauge size: ❑ 20 ❑ 21 ❑ 22 ❑ 23 ❑ 24 ❑ 25 ❑ Butterfly ❑ Huber
❑ Number of attempts: ❑ 1 ❑ 2 ❑ Other: _____
❑ Unable to obtain. Reason: _____Notified:_____
❑ Pressure applied, no bleeding, swelling or redness observed.
❑ Applied: (check all that apply) ❑ Band-Aid ❑ Gauze ❑ Cotton ball ❑ Tape ❑ Coban
❑ Sharps disposed into biohazardous container.
❑ FOBT issued x 3 with instructions.
❑ EKG performed. Results placed in EHR. Co-signed to provider.
❑ Education/Intervention: Instructed patient to follow-up sick call if experiencing any signs and symptoms that warrant treatment. Offender verbalizes understanding of instructions.

Progress Note: _____

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QHCP Signature/Credentials: _____ **Date:** _____ **Time:** _____

Offender Name **DOC #**
(Last, First)