

Patient counseling and education begins with, and focuses on, providing information related to the prescribed medication (s), with the final responsibility for following the instructions belonging to the offender.

Prior to meeting with the offender, print off the offenders medication(s) and discuss the drug classification (antianxiety, antihypertensive, etc.), common uses, and precautionary warnings. Provide offender with written material if available. Educational material can help offenders understand their medication(s) and increase adherence.

1. Do you know the name of your medication (s)? Yes No
2. Do you know what the medication is for? Yes No
3. Are you experiencing side effects from your medications? Yes No
 - Nausea (Drink plenty of fluids, avoid spicy foods, exercise)
 - Upset stomach (Drink plenty of fluids, avoid spicy foods, exercise)
 - Constipation (Drink plenty of fluids, avoid spicy foods, exercise)
 - Diarrhea (Avoid caffeine and acidic foods and beverages, spicy foods)
 - Drowsiness (Get plenty of exercise, take a brief nap,
 - Dizziness (Rise slowly from a sitting or lying position, take deep breaths to assist blood oxygen level, avoid caffeine, drink plenty of fluids)
 - Dry mouth (Drink plenty of fluids suck on sour candy, avoid caffeine)
 - Fatigue or lack of energy (Get plenty of exercise and sleep)
 - Other _____
4. Do you feel the medication(s) are working? Yes No
5. How many times have you missed taking your medications? 1 – 5 times 6 – 10 greater than 10
6. What is the reason for the missed doses? (check all that apply)
 - Stress of Pill line
 - Time of Pill line
 - Lack of immediate benefit of therapy
 - Lack of knowledge regarding medication use
 - Other _____

Teaching Aspects:

1. Discuss the medication(s), how they should be taken, any specific dosage timing issues, and what to do if the offender misses a dose.
2. Discuss what the offender should expect while taking this medication. How is the drug working in the body and how the offender can tell if the medication is working.
3. Discuss the benefits of the medication and what may happen if medication(s) are not taken as prescribed.
4. Discuss the consequences of non-adherence.

Routine Intervention: (check all that apply)

- Encourage offender to assist in self –manage their condition.
- Assess offenders understanding of the reason for medication.
- Assess offender understanding of the risks if they don't take their medications.
- Assess actual and / or potential concerns or problems important to offender.
- Ensure the offender recognizes the importance of medication for his/her wellbeing.
- Have offender restate the positive benefits of taking their medications.
- Instruct offender to notify healthcare provider if side effects persist.

Progress Note: _____

Disposition: (check all that apply)

- Counseling was provided and accepted by the offender. Offender agrees to medication(s) treatment plan.
- Counseling was provided and offender refused medication(s).
- "Waiver of Evaluation/Treatment" completed.
- Provider notified of offenders refusal acceptance of medication(s)

Patient Education:

- Instructed offender on risks and benefits of medication adherence / non-adherence. Offender verbalizes understanding of instructions.

QHCP Signature/Credentials: _____ **Date:** _____ **Time:** _____

Offender Name
(Last, First)

DOC #