

**Outline of Topics for Marriage Counseling for Male Offenders  
(Taken from PREP – The Prevention and Relationship Enhancement Program)**

1. Foundation for Healthy Relationships
2. Communication Danger Signs
3. Good Communication
4. Events, Issues, and Hidden Issues
5. Fun and Friendship
6. Understanding Personalities and Expectation Exploration
7. Stress and Relaxation
8. Problem Solving
9. Forgiveness
10. Supporting Each Other
11. The Sensual/Sexual Relationship
12. Sharing Hearts
13. Ground Rules
14. Commitment

## **Outline of Topics for Marriage Counseling for Female Offenders (Taken from Within My Reach)**

1. The State of Relationships Today
2. Healthy Relationships: What They Are and What They Aren't
3. Sliding versus Deciding
4. Smart Love
5. Knowing Yourself First
6. Making Your Own Decisions
7. Dangerous Patterns in Relationships
8. Where Conflict Begins
9. Smart Communication
10. The Speaker Listener Technique
11. Infidelity, Distrust, and Forgiveness
12. Commitment: Why it Matters to Adults and Children
13. Stepfamilies and the Significance of Fathers
14. Making the Tough Decision
15. Reaching Into Your Future